

Christ the King, North Rocks

Term 1, Week 5

27th February, 2014

2 Statham Avenue, North Rocks 2151 Email—northrocks@parra.catholic.edu.au Phone 9871 7438

Fax 9871 6383

Website-http://www.ctknorthrocks.catholic.edu.au

WEEK 5

Fri 28

- * BAND 7.45am
- Diocesan Swimming Carnival
- Year 5 attending Mass at 9.15am
- * SPORT PROGRAM all students sport uniform
- * LUNCH ORDERS
- * ICE BLOCK DAY (after lunch) \$1-00

Year 2 parents to assist today

WEEK 6

Mon 3

- * LUNCH ORDERS
- Parramatta Rugby 11 years trials
- * Year 4 CSIRO Incursion
- * Junior GLEE 3-4pm

Tue 4

- * **UNIFORM SHOP** 8.30am—11.30am 1.30pm—3.30pm
- Senior GLEE 7.45-8.45am
- Grade Sport Yr1, Yr5, Yr6
- Parramatta Soccer Trials

Wed 5

- K CHOIR 8am
- * ASH WEDNESDAY 9.00am Primary Mass, 2pm Infants Liturgy
- Parramatta Rugby Open Trials
- * GRADE SPORT Kindergarten, Yr. 2, Yr. 6
- * CHESS 3-4PM

Thur 6

- * GRADE SPORT Yr. 4, Yr. 3
- Parramatta Netball Trials
- * Yr5 attending Reconciliation 10.00am
- DANCECLUB 3.15—4.15pm

Fri 7

- * BAND 7,45am
- * CTK CROSS COUNTRY
- Yr6 attending Mass 9.15am
- * SPORT PROGRAM all students sport uniform
- * LUNCH ORDERS
- ICE BLOCK DAY (after lunch) \$1-00

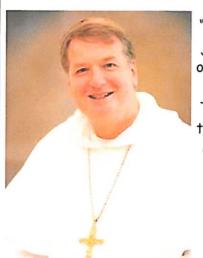
Year 3 parents to assist today

Dear Parents,

Parish Welcome & BBQ For Fr. Ian

Following 10 am Mass THIS SUNDAY, 2nd March, there will be a Parish bbq to welcome for Fr. Ian, our new Parish Priest. It will be just over two months since Fr. Ian joined us. We are looking forward to seeing you and to a very full year with a lot of exciting events for our parish.

Installation of Fr. Ian as our Parish Priest.



"We invite all parents and students to join with us as Bishop Anthony Fisher officiates at the installation of Fr. Ian as Parish Priest of Christ the King. The installation will take place during the 6pm Mass on Saturday, 15th March and will be followed by a light supper in the parish hall.

You are most welcome to attend."

Have a safe and blessed week,

Annelise Stockey, Principal

ΥΥΥΥΥΥΥΥ

<u>International Competitions and Assessments for Schools (ICAS)</u> Years 3 — 6

University of N.S.W Initiative

International Competitions and Assessments for Schools (ICAS) provide an opportunity for all students to gain a measure of their own achievement in an external assessment situation. Student participation is <u>voluntary</u>. Registration forms have been sent home and must be returned with full payment by TOMORROW (FRIDAY 28th February 2014). *Please note: late registrations will not be accepted.*

MARK IN YOUR DIARY

* Ash Wednesday Wednesday 5th March

* Catholic Schools Week
Week 7, 10th-14th March

* Open Day Thursday 13th March 9.15am—11.30am

* Parents & Friends Annual General Meeting

Tuesday 18th March 7.30pm

* Yr 6 visiting Canberra Wed 2nd—Fri 4th April

Easter Hat Parade Friday 11th April

UNIFORM SHOP 2014 TUESDAYS 8.30AM—11.00AM

1.30PM-3.30PM

The Uniform Shop is open on TUESDAYS ONLY each week with morning and afternoon opening hours for your convenience.

Parents are most welcome to place an order through the office. FULL PAYMENT must accompany all orders.

The Uniform Shop can accept cash or cheque (made payable to Christ the King). Eftpos facilities are able to be accessed through the School office for Uniform orders.

The Uniform Shop Price List is now available on the Christ the King School web site

Go to ctknorthrocks.catholic.edu.au and click on the 'Parents' tab then click on Handbook, School Office and then Uniform Shop / Clothing Pool. On this page you will find the price list to download.

HAT NEWS The delivery of hats is due next Tuesday. All hats orders will be filled as soon as this delivery arrives and will be sent home with your children.

PARISH NEWS

Saturday Vigil

Parish Mass times

6.00pm

Sunday Masses 8.00am, 10.00am and 6.00pm

Weekday Masses Monday no masses Tuesday 7.30pm

Wednesday 9.00am

Thursday 9.00am Friday 9.15am

Saturday 9.00am

Reconciliation Saturday morning Rosary at 8.30am with Reconciliation at 9.30am and then at 4.30pm

ABC READING EGGS

Dear Parents.

We are excited to announce that your child will now have access to ABC Reading Eggs – the fun and effective program that teaches children how to read! ABC Reading Eggs is designed to get your child motivated and excited about reading. Your child will now be able to access the program in class and at home (all usernames and passwords will be distributed to your child by the 7th March). The below guide details all the features and benefits of ABC Reading Eggs and how it can teach your child to read. We hope you and your child enjoy the learning to read adventure with ABC Reading Eggs! (please see following 3 pages for more information).

Happy Birthday this week to:



February

28th Annalise Richardson

1st Amy Giri

Felix Chan

3rd Jonathan Wehbe

Isaac Chedid

4th Allen Bautista

Olivia Ryan

5th Kavin Sivanathan

Jackson Wahbe

Grace Kane

FAMILY VISOR LABELS

Family Visor labels have been sent home to new CTK families.

If existing families require a new label please contact the school office.



Read with your children everyday



The <u>School</u> Office is open from 8:30am—3:30pm

How ABC Reading Eggs and Reading Eggspress can work for your child!

Learning to read can be easy and fun!

ABC Reading Eggs and Reading Eggspress teach children the core reading and literacy skills they need for success at school. Developed by a team of experienced primary educators, these highly interactive lessons are effective because they are based on solid scientific research. The engaging one-on-one learning activities contain colourful animations, fun music and exciting rewards that keep children motivated to learn!

Ready Age for school



Ages 3-4

ABC Reading Eggs –

First Steps

 A placement test ensures lessons match your child's ability

One-on-one lessons allow your

child to learn at their own pace

of letters, sight words and simple

word skills

Learn the sounds and names



Continuing the Journey with ABC Reading Eggspress

Ages

6-7

Fun Practice Makes Perfect

Ages 7-13

- Further develops spelling, comprehension, grammar and writing skills
- Compete against other children in live games
- Over 1000 e-books with quizzes

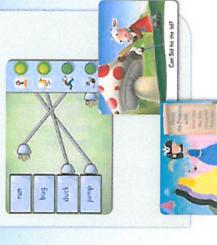
More challenging phonics patterns

develop spelling and fluent

reading skills

 Builds comprehension skills: children read and understand onger words and sentences





www.readingeggs.com.au/free

ABC Reading Eggs program features

My Lessons

Reading Eggs - 120 reading lessons that travel through 12 exciting maps. four child can repeat lessons to reinforce essential reading skills. This is the heart of ABC



My House

written and view their awards and avatar, play arcade games, read their house with their purchases critters. Your child can decorate Story Factory stories they have the appearance of their Your child can change rom Reggie's shop.

Skills Bank

sequence. Each lesson focuses on lessons to develop your child's spelling skills in a progressive 96 carefully graded spelling he Skills Bank includes a 12 word spelling list.

Driving Test Centre

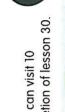
enough questions correct, they are rewarded with a racing car game. vocabulary. When your child gets phonics skills and content-area ests covering sight words, This section consists of 45

Puzzle Park

32 word puzzles that develop a range of reading skills. Your child can complete

My World

destinations. My World is available after completion of lesson 30. My World is a world full of fun where your child can visit 10





Eggy Bank

Your child can earn Golden Eggs by completing activities. These ggs can be used in the Arcade and Reggie's Shop.

The Playroom

Includes over 170 activities and books. This virtual playroom is where young children can play with music, pictures, puzzles and much more.

My Avatar

Children can create their own unique online character with customised features and accessories.

My Stoff

Children can view their certificates and their collection of cute critters earned for completing lessons.

Arcade

play using their golden eggs. games that your child can Contains 24 fun arcade

Reggie's Store

winner‼

house by purchasing accessories Your child can change the look of their avatar and with their golden eggs.

Storylands

Eggs lessons and is able to read short books. Storylands tests many of the reading and comprehension rewards! Perfect for the child who has mastered their ABC Reading wonderful books and heaps of essons, 140 activities, 20 skills needed for school. Storylands contains 20

Music Cafe

Eggs songs in one central location. enjoy songs from their favourite Your child can sing, dance and ogether 62 ABC Reading essons and characters. The Music Café brings

Story Factory

write their story. They can also enter a step-by-step guide to writing a a weekly story writing competition. own illustrations and access word and sentence suggestions to help story. Your child can choose their The Story Factory provides



Floating Island

ABC Reading Eggspress makes reading real books, improving spelling skills and building reading comprehension highly engaging for 7 to 13 year olds. The floating island has 4 different quadrants packed full of great online activities, books and games to help your child become a confident reader.

Comprehension Gym

The Comprehension Gym has 200 interactive lessons for your child to enjoy. Lessons cover school grades 2 to 6 and develop comprehension and vocabulary skills. Each lesson ends with a 16 question quiz that assesses factual, inferential and textual understanding.

Writing Press

The Writing Press provides a comprehensive guide to different types of text, including poetry, narrative, discussion and many more. Detailed descriptions, examples and tips teach children how to compose each type of text.



The Stadium

Your child can compete in real-time against students from around the world with four exciting contests. Each contest develops skills in one of four core literacy areas – spelling, vocabulary, usage and grammar.

Apartment and Mall

At the Mall your child can use golden eggs to buy clothing for their avatar and furniture for their Aparlment. They can also purchase arcade games and trading cards.

My Progress

A comprehensive dashboard details your child's progress, including how many activities they've played, their percentage of correct answers, books they've read and rewards earned.

My Targets

You can track the individual achievements and learning milestones your child has accomplished, those they are still aiming to achieve, and view their overall level of achievement.

Changing Room

Your child can customise their personal avatar with the ability to choose eyes, hair, clothes and a range of accessories.

The Library

The Library contains over 1000 e-books including illustrated chapter books, full colour nonfiction books and a range of classic tilles. Each title has a comprehension quiz to asses understanding. Your child can also read on the go with the full Library of more than 1000 titles accessible on iPad.



P & F NEWS

2013 was a wonderfully successful year for the P&F Committee, it's Sub-Committee's and all the parent volunteers and through a joint effort by so many, a cheque was given to the school for just over \$47,000.

Of course, we would like to echo these efforts into 2014 but it has been increasingly difficult to find parents to commit to running a sub-committee as it can be overwhelming sometimes and a lot of work for one person.

To that end, it has been suggested that rather than nominating a FUN'raising Co-ordinator and a Social Committee Co-ordinator, that a list of school approved scheduled events be circulated and that a parent volunteer be found to run each individual event.

A couple of parents have already approached the P&F to organise certain events. If you would be willing to take on the ownership of one of the events below, could you please forward a nomination in writing to the P&F Secretary, Alison Murphy via the school office at your earliest convenience so that the events can be formalised and tabled at the upcoming AGM scheduled for Tuesday 18th March.

- Easter Sausage Sizzle Friday 11 April
- Mother's Day Stall Wednesday 7 May (including organising the purchase and wrapping of gifts)
- Mother's Day Lunch Friday 9 May (to be Co-Ordinated by Shalu Cerrone and Belinda Abdallah)
- Walkathon 27 June
- Father's Day Stall Wednesday 3 September (including organising the purchase and wrapping of gifts)
- Father's Day Breakfast Friday 5 September (to be Co-Ordinated by Tanya Wehbe)
- Parents Trivia Night
- Fete
- Students DISCO Term 3 (to be Co-Ordinated by Julie Hekeik)

If you would be willing to try your hand at co-ordinating one of these events, please contact either Alison Murphy or myself.

Nomination forms will also be going out shortly regarding the other P&F positions as all positions will be vacated at the AGM. If you are up for a rewarding challenge and wish to take on any of these voluntary roles, please fill in a nomination form.

Looking forward to seeing you at the AGM and meeting some more of the new families to CTK.

Warm Regards

Connie Este, P&F Chairperson

Parent's & Friends Annual General Meeting

Our P & F Annual General Meeting will be held on Tuesday, 18th March at 7:30pm.

All are welcome and encouraged to attend. Last year's attendance was great with many new faces present and joining committees.

Nomination forms for leadership positions and committees are coming home today.

I encourage you to become involved in the many facets of the P&F which ultimately benefit your children and contribute to building our community. The success of our P&F is very much due to our wonderful supportive community and to the parents, who rather than sitting back, are proactive, putting their words into action by joining committees (Fete, Social, 'FUN'raising) and / or taking on rewarding leadership positions of: President, Vice President, Secretary, Treasurer, 'Fun'raising Co-ordinator, Social Co-ordinator, Fete Co-ordinator or PRC Representative.

The evening will see all positions vacated as required by our constitution and then followed by elections. We will also look at 2014 initiatives, school focus areas, P&F spending and proposed budgets.

If you are interested in co-ordinating or joining a committee, complete the tear off slip and return it to the school office by Wednesday, 5th March.

<u>Lunch Bags</u> Lunch Bag All Rounders and Lunch wallets are available to purchase for your lunch orders. These are environmentally friendly, hygienic, have a zip pocket for money and are personalised with child's name and class. Order forms are available from the office.

The Insulated All Rounder is \$13 and the Lunch Wallets are \$11.

New Laminated tags are \$1 for students with existing bags.

All orders can be made by contacting me on 0400 308 570 or clbeste@bigpond.net.au

<u>Ice Block Fridays</u> 28th February - Year 2 Helpers 7th March - Year 3 Helpers

Ice Block Fridays have begun. Please ensure your child has \$1 and if you do not wish your child to buy an ice block please contact the class teacher so that they are aware. Could we have some volunteers from Year 2 at 1.15pm in the Hall kitchen to help sell ice blocks this week. Helpers from Year 3 are required next Friday 7th March.

Cadbury Chocolate Fundraiser — CTK

Our FUN'Raising efforts have been extremely successful in previous years due to the generous support of our family and friends. This year again, we will be having a Cadbury Chocolate drive and we thank Rita Koic, Marcus' mum from Year 3 who will co-ordinate this for us.

The two varieties this year are:-

VARIETY BOX – Containing Toblerone, Cherry Ripe, Time Out, Boost and Crunchie bars which sell for \$1.00 each. Each box contains 50 bars = \$50.00.

JOYVILLE SWEET TREATS - Containing 50gm block of Dairy Milk, Caramello and 2 varieties of Marvellous Creations. Bars sell for \$2.00 each and box contains 30 bars = \$60.00

Boxes will be handed out <u>as requested</u> by each family. **Order forms have been sent home.** Please fill in and return the slip or contact the office if you would like to participate. Boxes will be delivered to your child's class.

There is absolutely NO OBLIGATION to request a box.

Please return all envelopes with money in a timely fashion. Additional boxes can be requested at any time but only once all previous monies have been collected.

Good luck and happy selling.

Connie Este, P&F Chairperson

LIBRARY NEWS

WRITE FOR FUN.NET Writing Competition is NOW OPEN!

Calling all Australian School Students... from Kindergarten to Grade 12 Write a story or poem today for your chance to win \$1,000 (\$500 for you and \$500 for your school)! AND an iPod Touch 16GB + an Xbox 360 OR an Xbox One OR a Playstation 4!!! All it takes is an AWESOME story, or poem. Easy! Entry is FREE! Entries close Sunday March 30, 2014.

Stuck for an idea... keep reading ... IDEAS.....you could write a story or poem about:

- * Someone you really like (friend, teacher, family member or even your favourite pet)
- * Something you really enjoy doing (a party, an excursion, a holiday, an adventure, a school carnival, homework... oh wait... forget that last one)
- * Something interesting that happened to you or someone you know (winning a competition, finding a treasure, learning something new)
- * A place, or person completely made up, in your very own world where ANYTHING is possible!!

There is NO THEME so you can write about whatever your heart desires! Stories no more than 500 words, Poems no longer than 16 lines. Entries must be in by Sunday 30th March 2014. ENTER online, via email, via post (P.O Box 2734 Nerang DC Qld 4211) or via fax (07 5574 3644). This is your year to shine! We can't wait to read your story or poem.

A snapshot of what has been happening in Year 6

This term in Inquiry we have been learning about Australian Government. At the end of Term 1 we are going to Canberra to visit Parliament House, the War Memorial and Old Parliament House to learn more about our Government system, as well as how to vote. We are really looking forward to it!

In Maths, we have been learning about Number and Place Value, as well as Angles. Learning about Angles has been a great opportunity for Miss Werner to improve her drawing skills, her lines have gone from completely wonky to perfectly straight ... well almost!





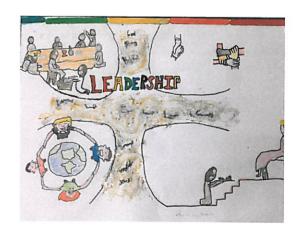
We are reading 'Boss of the Pool' in English. The novel is about a girl named Shellev who is

jealous of her friends because they get to go on trips or stay home alone in the school holidays, while Shelley has to go to the hostel where her mother works as she can't be left alone. This book teaches us about understanding others who are different to us as we read about the growing friendship between Shelley and a patient at the hostel named Ben.

In PD/H, we are learning about bullying and positive relationships. We have also created role plays depicting conflict situations and how to resolve them.

In Religion, we have been reading passages of the Bible and learning about servant leadership. Jesus taught us that to be a leader you must put others before yourself, consider all people to be equal regardless of whether they are a 'servant' or 'master' and that we need to 'wash the feet' of others – serve rather than be served.





In class we are also listening to stories of courage from Miss Nafranowicz as she tells of her many injuries, from netball to shark attacks! Ask her on the playground for more information!

We are all looking forward to a fun-filled and interesting year ahead!

Contributions by Kavin Sivanathan, Daniel Hall and Jaycob Anjoul

All ready for the school day to begin!





Some of our fabulous artworks!







Buddies time!









Our awesome teachers!



Westfield Design Project

An exciting children's fun zone is currently under development at Westfield North Rocks in the space previously occupied by IGA. This fun zone, which is know as 'Fun Lab', will provide amusement activities for children ranging from toddlers to older adolescents and will open in stages over the coming months.

Christ the King was approached by Westfield North Rocks to be involved in the design and creation of computer generated; graphically designed art work to be hung on the walls of the 'Fun Lab' in collaboration with St Monica's, North Parramatta. We are extremely proud to have been selected for this community project where the technological and artistic skills of our students will be showcased to the wider community through this student-directed, project based learning task for the $21^{\rm st}$ century.

On Friday, 21st February, 2014, the design teams of Christ the King, North Rocks and St Monica's, North Parramatta participated in their first collaborative workshop, led by Miss Nafranowicz and Mr Vidot, to sketch and graphically design artworks for the Westfield 'Fun Lab' project. The design teams of Christ the King and St Monica's were selected for their skills and aptitudes in creative arts and design.

The 20 students of the combined design teams met at Christ the King, North Rocks and enjoyed getting to know each other before the project began. Prior to the sketch and design process, the design teams divided into four groups in order to brainstorm images that would be most appropriate for each stage of the 'Fun Lab'. The stages we will be designing for range from babies to young adults. After the decision was made as to which images would best suit each stage, it was determined that Christ the King would be responsible for the 'Babies', 'Primary ' and 'Young adult' stages and St Monica's the 'Infants' and 'Teenage' stages of the 'Fun Lab'.

Individual students also brainstormed their own idea for a central character that would progress through each section of the 'Fun Lab'. It was decided that Genesis E from St Monica's would be the designer responsible for the central character of a bear as he ages through the 'Fun Lab'.

Before the collaborative workshop concluded, the design teams worked through a sketching tutorial led by Mr Vidot in order to refine their skills and create designs that can be easily uploaded into the Adobe Illustrator graphics program upon completion. All of the work samples produced by the design teams were highly impressive.

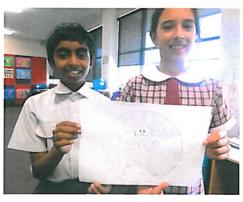
All of the students of Christ the King's and St Monica's design teams enjoyed their collaborative experience for the Westfield Project and made many new friends during the process. We are now busily working to produce the graphically designed images for each stage of the 'Fun Lab', which is opening this Friday, 28th February, 2014 from 4:30pm at Westfield, North Rocks.













SPORT NEWS

2014 Swimming Age Champions

Congratulations to the following students who were awarded medals on Monday for attaining the Age Champion title at the 2014 Christ the King Swimming Carnival:

Junior Boys:

Junior Girls:

Teana Hodgers

11 Year Boys:

Will Carroll

Alisa Dybal

12 Year Boys:

Callum Blaik

Tiarna Stone

All students should be extremely proud of their achievements.



Zone Swimming

Congratulations to all students who represented Christ the King at the Zone Swimming Carnival on Tuesday, 25th February. It was a great day with students demonstrating positive behaviours and great sportsmanship. A big thank you to Bernadette Robson and all of the parents who assisted with the success of the day.

A Further congratulations to the following students who have made it to the Diocesan Swimming Carnival which is being held this Friday, 28th February:

Dane Grosvenor Teana Hodgers Noah Kite Holly Stone Hunter Hosking Samuel White

We wish you all the best of luck.



Cross Country

The Cross Country trials are being held on Friday 7th March at Don Moore Reserve. Thank you to the parents who have already emailed me offering their assistance on the day. We are still in need of at least 10 more parents to ensure the successful running of the carnival. If you are available to help on the day please email me at swerner@parra.catholic.edu.au.

Below is the timetable and map of the course for the day:

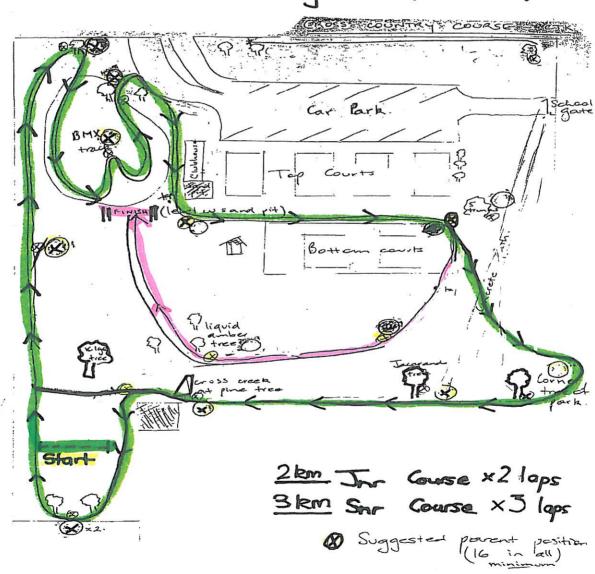
Order of Events

Time	Age	Distance 2000m	
8.45-930	8 and 9 Year boys and girls		
9.30-10.30	10 Year boys and girls	2000m	
10.30-11.00	11 Year boys and girls	3000m	
11.00-11.30 12 Year boys and girls		3000m	

N.B.

The times scheduled for these events are a guide only. The convener reserves the right to alter order of events.

Cross Country Course 2014.



Samantha Werner, Sports Coordinator

Parents Representative Council—Partners in Learning



Term 1 Annual General Meeting

Guest Speaker

As part of our Term 1 Annual General Meeting The PRC welcomes

Ms Monique Dalli

Leader of e-Learning, Gilroy Catholic College, Castle Hill

Presenting

iPad Awareness - Helping you set up the right controls

Ms Monique Dalli, Leader of e-learning at Gilroy Catholic College Castle Hill will share some insights and knowledge about iPads. Do you know how to set up the controls? where do you find them?

Ms Dalli will show parents how to access and monitor some of the critical areas in your child's iPad as well as identify apps that are suitable and not-so-suitable for your child.

Don't forget to bring along your iPad (or your child's iPad)!

Date	3 rd Mar 2014	General Meeting Time	7pm – 9:30pm		
Location	Diocesan Assen	Diocesan Assembly Centre (DAC), Cnr Flushcombe Rd & Marian Street, Blacktown			

Join North Rocks Girl Guides. Having fun today, leading the world tomorrow...

Guiding helps girls to develop self-confidence, leadership and teamwork skills in a fun and exciting way. Enjoy a variety of activities with new friends from crafts and games to camping and canoeing. Mondays: Junior Guides (Aged 6-10) Guides (Aged 10-14)

GIRL GUIDES
Website: www.joinguides.com.au/ GUIDE HALL AVAILABLE FOR HIRE. For more details contact Jeanette 0450 733 168

Parramatta City Titans

Registration: When: Tuesday 11th March 2014 Where: Ollie Webb Reserve (Home Ground) Address: Cnr Pitt & Glebe St Parramatta Time: 5.30pm-7pm Phone: 0424 754 886 Contact: Joe (club Secretary)

Joe Romanos Parramatta City Titans Club Secretary. Ph: 0424 754 886 www.parracitytitans.com.au info@parracitytitans.com.au

UNIVERSITY OF WESTERN SYDNEY PENRITH OBSERVATORY FAMILY ASTRONOMY NIGHT Saturday, 22 February (8pm – 10pm) ROBOT ASTRONOMYON THE ICE Come along and find out about the advantages and disadvantages of robot observatories, about what new opportunities they bring, and how they restrict us. The talk will also include information on the PLATO series of robot observatories, built by Australia and currently working on the Ice. The night will also include a 3D astronomy movie that will run for 15-20 minutes, a tour of the dome area and stargazing through various computerised telescopes. Our program will run regardless of the weather. Cost: \$15 adult, \$10 child/concession and \$40 family. Bookings are essential: Book and pay online: www.uws.edu.au/observatory, What's On Enquiries: Phone (02)4736 0135 or email r.mccourt@uws.edu.au

MOUNT ST BENEDICT OPEN DAY Sunday 9th March 10.00am-2.00pm. Prospective Parent Information Evening for Year 7, 2016 will be held on Monday 10th March at 7.00pm

THE HILLS SYDNEY'S GARDEN SHIRE The Administration Complex of The Hills Shire Council has MOVED to 3 Columbia Court, Baulkham Hills NSW 2153 PO BOX 7064 Baulkham Hills BC 2153. Phone: +61 2 9843 0555.

NSW GOVERNMENT / WESTERN SYDNEY LOCAL HEALTH DISTRICT RESEARCH ABOUT CONFIDENT KIDS We are looking for families with children aged 4-8 years who are confident, worry-free and easy going. Eligible children and their parents will participate in a clinical psychology assessment that includes a phone interview, an appointment with the child and their mothers, and a package of questionnaires. Families will receive a voucher in appreciation of their time and effort. This study has been approved by the Western Sydney Local Health District Human Research Ethics Committee and Macquarie University Ethics. To find out if your family is eligible, please contact Maria Milic (CTK parent) on 9845 6577 (Tues/Thurs) or email maria.milic@students.mq.edu.au

OLMC Parramatta Open Day - Sunday March 2 Our Lady of Mercy College Parramatta invites you to its 2014 Open Day on Sunday March 2, 2014. Discover the College's rich tradition and cutting edge education, enjoy a 'comfortable cup of tea' and join in the celebrations as we mark 125 years of Mercy Excellence at OLMC in 2014 Sunday, March 2 10am - 2.00pm. Principal's welcome at 10.00am and 12.00 noon. Reservations can be made by visiting www.olmc.nsw.edu.au or phone 8838 1263 to reserve your place or obtain further information.

CUMBERLAND HIGH SCHOOL OPEN NIGHT MONDAY 3RD MARCH 2014 FROM 5-8PM 183 Pennant Hills Road Carlingford NSW. 9871 7718. Information pamphlet available from the school office.

BENEDICTINE MONASTERY ARCADIA 49TH COUNTRY FAIR, 9TH MARCH 2014 FROM 10AM 121 Arcadia Rd Arcadia. Plants, White Elephant, Jumping Castle, Sweets, Drinks, Face Painting, BBQ, Farm Produce, Merry-go-round, Chocolate Wheel and lots more.... Tours of the Monastery, Major raffle prizes, country setting, family day. Information pamphlet available from the office. www.benedictine.org.au/go/countryfair

<u>Girls Soccer Available at Beecroft Football Club</u>. Girls of all ages (u/6 – u/12) are wanted for Girls Only Teams to play in Sunday morning non-competitive program for coming winter season. April – August with no school holiday commitment. More details from Jeff Saul on 0418 662 912 or <u>jsaul@bigpond.net.au</u>

<u>Go4Fun</u> is a FREE program that is run through the local Health Service. The program has been specifically designed for children aged 7-13 years who are above a healthy weight. A parent or carer must attend each session with their child. The program runs for 10 weeks after school. Info flyer from the office.

A Worldwide Marriage Encounter Weekend is a Marriage Enrichment experience for married couples – set in peaceful, picturesque surroundings, away from the distractions of everyday life. During the weekend, couples have a unique opportunity to reconnect, rekindle and refresh their relationship. Take time out of your busy schedule, to invest in your most precious asset . . . your Marriage! Weekend date: 21 – 23 March at Mt Carmel Retreat Centre, Varroville, NSW. Bookings: Ardell & Bill Sharpe tel. 02 4283 3435 or wsharpe@bigpond.net.au

<u>Tennis Coaching</u> Enrolments for after school tennis coaching are now being taken. Various tennis coaching programs are available including- group, private and MLC Hotshots, catering for beginners to advanced standards. *FREE introductory lesson to new enrolments from Christ the King School in 2014. Enrolments and enquiries to Scott Gregson Tennis Advantage on 0414554612 (North Rocks Royal Institute Courts)

<u>DUNDAS CENTRAL NETBALL CLUB</u> Dundas Central Netball Club is looking for 10 or 11 years olds who want to play Netball at Meadowbank or Brush Park with the Eastwood Ryde Netball Association. Contact Club Registrar Melissa Arane 0410 647 064 or Information flyer from the office.

WESLEY FAMILY CENTRE Groups this term are: - 123 Magic & Emotion Coaching (Parenting program); - Rock & Water for grades 4-6; - Music Playschool; - Mums Parenting & Timeout Group - Yoga; - Play in the Secret Garden Rouse Hill Town Centre; - Storytime at Gloria Jeans Rouse Hill; Information flyer available from the office.

<u>JUNIOR AUSTRALIAN GIRLS CHOIR</u> February Open Classes. Come along and try a free class at your local rehearsal venue. Junior girls ages 5-8. Information flyer available from the office.

<u>SMART LOVING WORKSHOP</u> SUNDAY 23RD MARCH HOLY FAMILY LUDDENHAM Overcoming relationship gridlock. Info pamphlet from the office.

<u>BEDWETTING</u> A DVD based program, Bedwetting Cured, has been developed by Dr Mark Condon, and Physiotherapist, Margaret O'Donovan. It outlines a successful program for parents to implement at home with their children. For more information and a free Bedwetting Fact Sheet please visit the website: www.bedwettinginstitute.com.au or phone 1300 135 796—12pm to 6pm.

STEPPING BEYOND: SUPPORT FOR THOSE SEPARATED OR DIVORCED

If you have been separated or divorced and would benefit from regular shared discussion evenings with others who are in a similar situation to you, come along to STEPPING BEYOND on the last Tuesday of each month at CCSS Centre, 51-59 Allawah St, Blacktown, at 7.30pm! You are very likely to be supported and helped through the sharing of experiences on matters such as "How well are you stepping beyond? What do you want to step beyond? What are you currently stepping beyond? What is stopping you from stepping beyond? What have you learned as you keep stepping beyond?" Venue: CCSS centre 51-59 Allawah St, Blacktown. Time: 7.30 – 9.30. Cost: \$5.00. Registration: soloparentministry@ccss.org.au or Ph. 99330205

BEREAVEMENT SUPPORT PROGRAM

CatholicCare Solo Parent Ministry is commencing an eight session Bereavement Support Program in Blacktown for men or women who have suffered the death of their spouse or long term partner. They will be held on every second Tuesday commencing 4th March from 10.00am – 12.00pm at CCSS Centre 51-59 Allawah St Blacktown. Each fortnight we will take a different aspect of grief and have some input, reflection, sharing and discussion about how grief is affecting you and how you are working through it. You do not have to commit to the whole 8 Sessions when you come; you may just prefer to come to Sessions that particularly seem fitted to your need. The first topic is "The Physical Effects of Grief". Details and Registration: soloparentministry@ccss.org.au or Ph. 99330205

The Pyjama Foundation will be holding its 2nd Long Road event on March 23, 2014 in twelve regions across Queensland, Sydney & Melbourne. The event is a series of 10 – 12 km walks to raise vital funds for children in foster care and we would love to request your support. The Sydney Long Road walk will be held in Baulkham Hills, and in order to make this event a fundraising success we are seeking as many people to participate as possible.

The Pyjama Foundation is a learning based charity that supports children in foster care who are often left behind academically by their peers. By supporting this event your school can also receive recognition for supporting literacy, as our mentoring program is centred around developing literacy and numerary for children in foster care. We are expecting approximately 200 participants to take part in the walk. The event is promoted to our database, online via our website and social media, external websites and throughout the media. Your school support would be recognised throughout the event as well.

The Pyjama Foundation is a charity founded in 2004 to support Australia's 39,000 children in care and their foster families. The charity was founded by 2009 Queensland Australian of the Year, Bronwyn Sheehan, who was alarmed at the statistics around children in care. These include:

92% of children in care are below the average reading level at seven years of age

75% of children in care don't finish school

35% of children in care enter the juvenile justice system at some point

The Pyjama Foundation recruits, screens, trains and supports community volunteers, known as Pyjama Angels. Volunteers are matched with a child in care and visit them each week to deliver The Pyjama Foundation Love of Learning Program®. This learning-based mentoring program has produced many positive results for the children, including improving their literacy and numeracy skills, increasing their self-confidence, and widening their networks and experiences within the community.

CATHOLIC CARE SERVICES Rollercoasters program for children aged between 6–11yrs of age whose families are experiencing change through separation and divorce begins on Mon 24 Feb 2014 at The All Saints of Africa Centre 63 Allawah St Blacktown. We meet after school from 4pm till 5.15pm for six Mondays, ending on March 31sth. Using information, activities and games we explore areas such as: * CHANGES that have resulted from the parent's separation * FEELINGS and the grief children experience around the parent's separation * ANGER and ways children can express it constructively * PROBLEMS and situations children can and cannot change. The program allows children to explore, understand, and talk about his or her experience, feelings and concerns in a safe environment with other children with similar experiences. There is a nominal charge of \$10 per child per session. Reduced fees can be negotiated. Info pamphlet available from the office.

PARRAMATTA LIBRARY WOULD LIKE TO INVITE THE SCHOOL COMMUNITY TO THE FOLLOWING EVENTS: Saturday 8th March 2014 International Women's Day Morning Tea with Dr Xanthe Mallett: Forensic Anthropologist Time: 11.00am - 12.30pm with nice tea Cost: \$5 Wednesday 5 March 2014 HSC Belonging - Immigrant Chronicles with Peter Skrzynecki Don't miss this Bookings: Required 9806 5159. opportunity to get some great tips and strategies for answering the Belonging English Topic Area exam question from Peter Skrzynecki, author of the Immigrant Chronicles. Peter will also explain the meaning of his poetry. This talk will be beneficial to students as it is rare for them to talk to a "Primary Source" Location: Parramatta City Library, Civic Place, Parramatta Time: 5.30pm - 7.30pm Cost: \$5.50 Bookings: Required 9806 5159. Monday 10 March 2014 Internet safety presentation for parents. Cyber bullying, identify theft, unwanted contact & exposure to offensive content.Learn about the way children use the Internet and emerging technologies. Take home lots of tips and strategies to help kids stay safe online. Don't miss it. BRANCH: Ermington Branch Library TIME: 10:30 am-11:30 am COST: FREE: BOOKING DETAILS: Essential 9638 2270. Saturday 22 MarcH HSC Belonging Seminar Session 1 - Creative Writing - 10 -11.30am Session 2 - Essay Writing - 12.30 - 1.30pm - Have you ever wondered how to go about deconstructing those dreaded unseen texts in section - Have you ever felt lost in how to start a good belonging creative or how to adapt your creative to the stimulus given in the exam? - Have you ever wished for a model belonging essay structure that can assist you to This seminar will ensure all your questions about belonging are answered, it is all about transforming your weaknesses into gain that band 6?your strengths and developing a passion for this Area Of Study. Take the first step to define your own results and you will have everything to gain from this lecture and nothing to lose! All students interested in improving their English skills are welcome, in particular, all current year 11 and year 12 students who are undertaking Belonging as their Area of Study. Parramatta Library. Free. Bookings required 9806 5159