

# Christ the King, North Rocks

# Term 1, Week 7

12th March, 2015

2 Statham Avenue, North Rocks 2151

Phone 9871 7438 Email—northrocks@parra.catholic.edu.au

Website-http://www.ctknorthrocks.catholic.edu.au

# 2015

## **WEEK 7 CATHOLIC SCHOOLS WEEK**

#### Thurs 12th Mar

- OPEN DAY 1.00pm-3.00pm
- PE ---3/8, 4/10, 2/6, 5/12
- Dance Club 3.15-4.15pm
- Spring Fair meeting 7.30pm Hall

## Fri 13th Mar

- Sport Program—Sport uniform for all
- Band 7.45am (returning students)
- Group band lessons begin during the day
- Lunch orders
- Ice blocks after lunch \$1— Yr 4 helpers

#### **WEEK 8**

#### Mon 16th Mar

- **CTK CROSS COUNTRY**
- **NO LUNCH ORDERS AVAILABLE TODAY**
- Cool Kids Music Club 3pm—4.30pm

### Tue 17th Mar

- Uniform Shop open 8.30am 11.00am 1.30pm—3.30pm
- PE -Yr 6, 5/11, Kindergarten

### Wed 18th Mar

- Choir 8am Yrs 2-6
- PE —4/9, 2/5, Yr 1, 3/7
- Chess 3.00pm—4.00pm

# Thurs 19th Mar

- PE -3/8, 4/10, 2/6, 5/12
- Yr 6 Reconciliation 10am
- Dance Club 3.15—4.15pm

#### Fri 20th Mar

- Sport Program—Sport uniform for all
- Band 7.45am (returning students)
- Group band lessons begin during the day
- Lunch orders
- Yr 6 attending Parish Mass
- Ice blocks after lunch \$1— Yr 5 helpers

#### Dear Parents

All Catholic schools in the Diocese of Parramatta will be participating in the Quality Catholic Schooling (QCS) project in 2015.

QCS will provide data from students, staff and parents about our school's cultural behaviour, relationships and learning community and will assist us to focus our efforts for improvement by building on our successes to date.

From 10-20th March all staff, approximately 50 students from Years 5 & 6 and 60 randomly-selected parents will be asked to complete an online survey. Staff and students will complete the survey online at school. Parents will be sent home a paper survey but will also be able to complete the survey online if preferred. The survey will take about 20-30 minutes to complete.

A survey consultant (Insight SRC) has been engaged to manage the data collection. The survey data will be kept strictly confidential and no individual will be identified to the school or the Catholic Education Office. Each school will receive an information report at the end of May and will use this report to inform their planning.

If you are selected to complete the survey. I would encourage your participation as this will help our school to identify our strengths and areas in which we can focus our improvement.

I believe we need to work together as a school community to provide our children with the best schooling system possible.

If you have any questions please do not hesitate to contact me.

# SPRING FAIR 'IDEAS' MEETING TONIGHT 7.30PM

The Spring Fair Committee is having an 'Ideas' meeting tonight at **7.30pm in the Hall.** Please come along if you have any new ideas we can implement or if you would like to suggest any changes.

If you are not able to make the meeting tonight please email any suggestions to Kylie: joe@kylie@hotmail.com or Rita: milic11@bigpond.com.

# FIRE DRILL NEXT MONDAY 16TH MARCH

Next Monday afternoon 16 March, before 3:00pm Christ the King Primary School will be practicing a fire evacuation drill from classrooms, library, sports and office areas. This drill is a compulsory component of our emergency procedures and is held to ensure that all our students and staff know the appropriate emergency response and are kept as safe as possible in the event of a fire.

Students will be informed of the fire drill, will have an opportunity to discuss the drill with their teachers and will practice the drill prior to Monday afternoon.

Students will be reminded that this is only a practice and not to be alarmed when the announcement of a fire is made.

# **2015 Class Parent Representatives**

Thank you to the parents who have volunteered to take on the role of being a class parent for 2015. This teacher / parent representative connection means a strong network within the grade.

CLASS	PARENT HELPERS		
Kindergarten	Sandra Wainwright	Jennifer McBain	
Year 1	Gina Moutzouris	Angelique Obiebi	
Year 2	Rosa Puglisi	Mary Anne El-Sabbagh	
Year 3	Michelle Travers		
Year 4	Jacinda Corbin	Maggie Dwayhe	
Year 5	Lynne Samany	Shalu Cerrone	
Year 6	Kylie Wahbe	Kylee Chedid	

# SCHOOL FEE ACCOUNTS, TERM 1 2015

Thank you to all those parents who have paid their Term 1 accounts and also to those parents who have paid the year in full for 2015.

Also, thanks to the many parents who have taken up the Flexible Payment Plans as a manageable way to pay fees for 2015.

Due date for payment of Term 1 School Fees was 06/03/15. Accounts that remain unpaid are now overdue. Reminders for overdue accounts will be going home next week. If you have not made a payment arrangement, please make payment of your Term 1 account a priority.

If you are experiencing financial difficulty, please do not he sitate to make an appointment to meet with the Principal or to contact Susan Ritchie at the Office.

# Happy Birthday this week to:



# March

20th

12th	Abby Merryfull	
13th	Joseph Saab	

Gabrielle Samardzic

14th James Delord 15thEthan Huang 16th Dane Nielsen 17th Natalie Blazevic 18th Dylan Bissett

# MARK IN YOUR DIARY

Matea Novak

- Yr 6 Canberra Mon 23-Wed 25 March
- **HOLY WEEK** 30th March—2nd April
- **HOLY WEEK LITURGY** Tuesday 31st March
- **EASTER HAT PARADE** / BBQ PICNIC LUNCH/ LAST DAY TERM 1 Thursday 2nd April
- **GOOD FRIDAY** Friday 3rd April
- **DAYLIGHT SAVINGS ENDS** Saturday 4th April
- **HAPPY EASTER** Sunday 5th April
- **MOTHER'S DAY LUNCH**

Friday 8th May Felton's Restaurant (\$50 per head) Invitations coming home in Term 2





# International Competitions and Assessments for Schools (ICAS) Years 3 - 6 **University of N.S.W Initiative**

International Competitions and Assessments for Schools (ICAS) provide an opportunity for all students to gain a measure of their own achievement in an external assessment situation. Student participation is voluntary.

Registration forms have been sent home and are due by WEDNESDAY 25TH MARCH (Wk 9). Additional copies are available from the office.

If you would like your child to enter any of these University Competitions, please fill out the registration form and return it to school WITH PAYMENT (cash, cheque

Please note: The University of New South Wales will not accept late entries.

or Eftpos [in the Office]) in an envelope marked "ICAS" by Wednesday 25th March (Week 9).

NO REGISTRATION FORMS WILL BE ACCEPTED AFTER WEDNESDAY 25TH MARCH.

# **SPORT NEWS**

# Cross Country Please note: NO LUNCH ORDERS AVAILABLE ON THIS DAY

The CTK Cross Country carnival will take place NEXT MONDAY 16th March at Don Moore Reserve. Thank you to the parents who have already emailed me offering their assistance on the day. We are still in need of a few more parents to ensure the successful running of the carnival. If your plans have changed and you are now available to assist on the day, please contact Mr. Vidot via the school email: northrocks@parra.catholic.edu.au

Please see below the timetable, which is a guide only for the running of events. While all attempts will be made to adhere to this timetable, factors such as students walking to and from the venue must be taken into consideration.

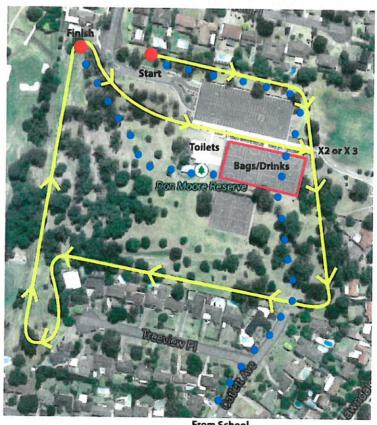
All students (Years 2-6) must wear their full sports uniform, running shoes, sun screen and a hat. Students will also be required to bring a bottle of water to rehydrate after their race. Students must also have their fruit break, recess and lunch on this day.

# ORDER OF EVENTS

TIME	AGE GROUP	DISTANCE
9.00—9.45	11 Year boys and girls	3000m
9.45—10.30	8 & 9 Year boys and girls	2000m
10.30— 11.00	10 Year boys and girls	2000m
11.00— 11.45	12 Year boys and girls	3000m

N.B. The times scheduled for these events are a guide only. The convener reserves the right to alter order of events

# **Don Moore Reserve Cross Country Course 2015**

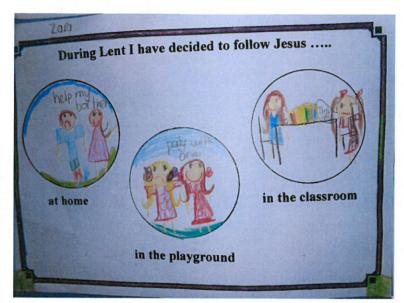


From School

# Year 2 has been learning about the special time of



We have learnt about how we can live as Jesus did by following in his footsteps.



We are trying to be kind, caring and forgiving during Lent.

We are praying for those in need.

Lent is a time to remember

Jesus when he went in

the desert

During lent I am making a

fun araiser for the poor people.

During lent I am going to be

sharing with other people.

During lent I am going to

be praying more.



in the playground

We are doing good works by donating to caritas.

Lent is a special time for us to grow in God's love.

Lent is a time when we follow Jesus.

During Lent I can stop eating chocolate and put money in the caritas box so they can survive. We can be kind to One another and use safe and caring hands, and say the our father every night I will help mum with the cooking and gardening I will do the chores for mum when she sick.





# P & F NEWS

# Parent's & Friends Audited 2014 Financial Statements / Annual General Meeting

'The Audited 2014 Financial Statements of the CTK P&F will be available prior to the Annual General Meeting to be held on 24th March 2015.

If you would like to obtain a copy of the accounts please email your request to advice@dab.com.au.

# Our P & F Annual General Meeting will be held on Tuesday, 24th March at 7:30pm.

All are welcome and encouraged to attend. Last year's attendance was great with many new faces present and joining committees.

# Nomination forms for leadership positions and committees have been sent home.

I encourage you to become involved in the many facets of the P&F which ultimately benefit your children and contribute to building our community. The success of our P&F is very much due to our wonderful supportive community and to the parents, who rather than sitting back, are proactive, putting their words into action by joining committees (Fete, Social, 'FUN'raising) and / or taking on rewarding leadership positions of: President, Vice President, Secretary, Treasurer, 'Fun'raising Co-ordinator, Social Co-ordinator, Fete Co-ordinator or PRC Representative.

The evening will see all positions vacated as required by our constitution and then followed by elections. We will also look at 2015 initiatives, school focus areas,

P&F spending and proposed budgets.

If you are interested in co-ordinating or joining a committee, complete the tear off slip on the Nominations form that was sent home and return it to the school office by Friday 20th March.

We hope you can join us.

# Ice Block Friday

ICEBLOCK day will be this Friday 13<sup>th</sup> March with some of our Year 6 Leaders and our <u>Year 4 parents</u> running the sales for this week. Could we please have 6 or 7 Year 4 Parent helpers from 1.20pm for 40 minutes to help at the school with ice blocks. If you are able to help, please text Connie on 0400 308 570. Could the helpers meet in the hall kitchen at 1.20pm on Friday.

Ice Blocks are \$1 each. Please inform the office if you do NOT wish your child to purchase an ice block or please ensure that your child has their money on the day to avoid any tears. NO MONEY, NO ICEBLOCK. SORRY

Advance Notice. Year 5 parents will be running Ice Block Friday the following week, 20th March.

Reminder that Iceblock Fridays run only in TERM1 and TERM4.

#### **5 CENTS FOR CARITAS**

Keep sending your 5c coins in with a kids to put into the glass jar, The coins have been accumulating nicely so thank you to all families. At the end of the Lenten period, the school will donate all the 5 cent pieces to Caritas on behalf of Christ the King. The glass jars will then be re-instated into the classrooms till the end of the year with a prize to the class who collects the most 5c coins.

# Mark in your Diary

School Disco (Organisers Belinda Abdallah and Shalu Cerrone) FRIDAY 19 JUNE Mother's Day Luncheon (Organisers Caroline Elchaar and Aileen Bieni) FRIDAY 8 MAY

# Cadbury Fundraiser

If you ordered a Variety box your order will be fulfilled as soon as stock arrives.

If the money can be returned in a timely fashion to Belinda Grosvenor via the school office, it would be appreciated.

#### P&F AGM

Our AGM (Annual General Meeting) will be held on Tuesday evening 24th March at 7.30pm. At this meeting the positions on the 2014 P&F Committee will be resigned and a new voting process will commence. The key positions which will be made available are:-

P&F President (Currently held by Connie Este)

P&F Vice President (Currently held by Alison Baxter)

Treasury (Currently held by Catherine Louise)

Secretary (Currently held by Alison Murphy)

PRC Representatives (Currently held by Jeff Saul and Alyce Bertolissio)

If any of these positions are of interest to you, a nomination and voting card will be going home soon. Keep your eyes peeled for the date of the AGM which will be confirmed soon once the Auditors have signed off on our books.

Kind Regards, Connie Este, P&F President.

# ENROLMENTS FOR 2016 Kindergarten—Year 6

Kindergarten enrolment packages for 2016 are now available. Enrolment forms for children in Years 1-6 are also available.

Please take note of this enrolment period if you have a child starting school in 2016.

New family meetings will begin in Term 2. Sibling meetings will be held in Term 4.

Please pass on this information to friends, neighbours, relatives etc. if appropriate.

# **LIBRARY NEWS**

CATHOLIC SCHOOLS WEEK COMPETITION Great prizes!!! Visit www.catholicschools.nsw.edu.au





# **PARISH NEWS**

# Pianists, Organists, Singers wanted

Looking for pianists, organists and singers with a passion to join our fun and warm music ministry community. Ideally to increase the pool of musicians at the 10am Mass as well as other Masses. Musicians are rostered on a regular basis based on the number of musicians scheduled for the time slot. We will provide the necessary guidance and support to play/sing with our experienced musicians to eventually handling a full Mass. Please contact Darren So at <a href="mailto:soejd@hotmail.com">soejd@hotmail.com</a> or call 0410 416 063.

# Christ the King Care Group

When you bring home a new baby the last thing you need to do is think about what to prepare for dinner. That's when the Care Group comes in. Please contact either Fadia or myself so that we can bring you home cooked meals for your family. Confidentiality is assured at all times. Also, if illness strikes or you need to care for someone who is sick in the family and we can take the pressure off by helping with meals, please don't hesitate to contact one of us. The Care Group would love to help out.

# Maureen Alexander

Care Group Co-Ordinator 96831752

# Fadia Kaddis

School Contact 0412922215

# Parish Mass times

Saturday Vigil 6.00pm

Sunday Masses 8.00am, 10.00am and 6.00pm



# Weekday Masses

Mondayno massesTuesday7.30pmWednesday9.00amThursday9.00amFriday9.15amSaturday9.00am

**Reconciliation** Saturday morning Rosary at 8.30am with Reconciliation at 9.30am and then at 4.30pm.

# **LENTEN CONCERT**

'ASHES TO EASTER' with Peter Kearney.

Friday March 27th, 7.00pm in Christ the King Church, North Rocks.

Refreshments at interval.

Peter Kearney is an Australian Catholic songwriter whose hymns and songs include 'Fill My House', 'The Beatitudes' and 'Where Is Your Song, my Lord?'.

His 'Ashes to Easter' concert weaves songs and stories and reflections on Lenten themes and looks ahead to Holy Week and Easter.

The program includes Peter's own songs and hymns, traditional Easter carols and some remarkable songs by the great English songwriter, Sydney Carter (who wrote 'Lord of the Dance'). The concert program is mainly for adults through to upper-primary and older students could also enjoy.

Suggested donation \$5 at door.





Women for the World is an initiative of a group of Australian women with a passion for social justice, and a belief that together we can empower women across the world.

Caritas Australia's second annual Women for the World lunch will be an opportunity to once again come together in solidarity with the world's most marginalised. This year's event welcomes **Rupa Rai** from Caritas Nepal as guest speaker. Rupa will share her experience of working with women who have been victims of, or are vulnerable to, human trafficking.

#### You're invited

When: Thursday, 7 May 2015, 12 noon till 3pm Where: Ivy Ballroom, Level 1, 320 George St, Sydney

With your support, Caritas can continue to help women gain the tools they need to uphold their dignity, tackle poverty, and overcome injustice.

Individual tickets are \$150; a table of ten is just \$1,350 so get a group of friends together to enjoy fine food and wine, learn about life for women in Nepal, and show your support for Caritas Australia's vital programs.

If you're interested in attending this event, visit <a href="www.caritas.org.au">www.caritas.org.au</a> to register or if you you'd like to join a CTK table, contact Rachel Elliott (CTK Parish Committee) at relliott@y7mail.com

# **About Rupa Rai**

Rupa Rai is the Anti-Trafficking and Safe Migration Consultant for Caritas Nepal. She has been working with the organisation since its establishment in 1990, when she joined the Women's Desk. Through the years Rupa has developed and implemented different programs on the prevention of human trafficking, unsafe migration and gender violence. She has also written manuals and booklets on these topics. Her work with Caritas Nepal has given her the opportunity to meet survivors of trafficking, migrant workers, and women living in remote villages. These vulnerable and marginalised women have inspired Rupa as she has seen transformation in their lives through their own hard work.





1.30PM-3.30PM

The Uniform Shop is open on TUESDAYS ONLY each week with morning and afternoon opening hours for your convenience.

Parents are most welcome to place an order through the office. FULL PAYMENT must accompany all orders. The Uniform Shop can accept cash or cheque (made payable to Christ the King). Eftpos facilities are able to be accessed through the School office for Uniform orders.

The Uniform Shop Price List is now available on the Christ the King School web site.

Go to ctknorthrocks.catholic.edu.au and click on the 'Parents' tab then click on Handbook, School Office and then Uniform Shop / Clothing Pool. On this page you will find the price list to download.

# CHILD PROTECTION—CEO PARRAMATTA MODULE & THE NEW WORKING WITH CHILDREN CHECK



The Working with Children Check is a three step process which includes Completion of the CEO Online Child Protection Module and Completion of the 'new working with children check' through the NSW Commission for Children website. Applicants will then need to present the completed documentation at their local Roads & Maritime Service (RMS) Office (formally RTA) for screening which completes the check.

PLEASE NOTE: Partial Completion of the above steps will not be accepted. Completion of only the CEO Module will not allow you to assist in the classroom

1. It is a Diocesan requirement that any parent volunteering at Christ the King School complete the Child Protection training module.

This training is to be completed online at:

# http://childprotection.parra.catholic.edu.au

CTK will receive email notification when you complete the CEO module.

2. When module has been completed go to: <a href="www.kidsguardian.nsw.gov.au">www.kidsguardian.nsw.gov.au</a> and follow the links to complete the 'new working with children check'. A Working With Children Check is a prerequisite for anyone in child-related work. It involves a national criminal history check and review of findings of workplace misconduct.

Only paid workers in child-related work are required to pay the \$80 fee for a five year clearance. This equates to \$16 per year, the lowest in Australia (together with Victoria).

The Working With Children Check remains free for:

- Volunteers and students
- Authorised carers

- Potential adoptive parents
- Adults who reside in the home of:
  - an authorised carer
  - a family day care service provider
- a home-based education and care service provider.
- **3.** Once the RMS check has been completed you will receive an email which will state that you have clearance to work with children. **You will need** to present a copy of the RMS email to the school office to complete your Working with Children Check. **Only then** will you be cleared to work with the children in the school.

# CTK COMMUNITY NEWS





# **OPEN DAY**

# SATURDAY 14th MARCH 11am-3pm

91-93 Pennant Hills Road, Normanhurst Ph: 1800-LORETO www.loretonh.nsw.edu.au enquiries@loretonh.nsw.edu.au

<u>RYDE EISTEDDFORD 2015</u> Competitions for all ages, solo or group performances.

Dance- Online entries close 24th April

Vocal—Online entries close 27th April

Instrumental— Online entries close 30th April

Speech & Drama—Online entries close 30th April

Seniors—Online entries close 30th April

Scholarships in all disciplines. Generous money or trophy prizes, Highly qualified and experience adjudicators.

ONLINE INFORMATION AND ENTRY www.re.org.au Flyers available from the school office

ASTRONOMY NIGHTS IN MARCH Saturday 14 March - 8pm – 10 pm COMETS AND THE ICY OUTER SOLAR SYSTEM Recent exciting space missions to icy bodies in our solar system have brought us more information about these remote and mysterious objects. We will discuss some of the findings for our distant dwarf planet neighbours and our comet cousins as well as what this means in the context of life on earth and in the solar system.

**Saturday 28 March - 8pm – 10 pm DADS & KIDS NIGHT** Kids and dads also include grandfathers, kids and grandkids. So it is for everyone. Age is no barrier to spending an evening with the family and the stars.

These nights will also include a 3D astronomy movie, a tour of the dome area and 0.6m telescope and an opportunity to view celestial objects through the university's telescopes. Our programs will run regardless of the weather. Cost: \$18 adult, \$12 child/concession and \$50 family Bookings are essential for each event: Book and pay online: <a href="https://www.uws.edu.au/observatory">www.uws.edu.au/observatory</a>, What's On Contact: Tel: (02)4736 0135 <a href="https://www.uws.edu.au/observatory">www.uws.edu.au/observatory</a> Email: penrithobservatory@uws.edu.au

<u>BEREAVEMENT SUPPORT PROGRAM</u> The next Session of CCSS Solo Parent Services Bereavement Support Program for those whose spouse or long term partner has died is on **Tuesday 17**th **March**, Venue: 51-59 Allawah St, Blacktown, **from 10.00am – 12.00pm** Topic: "The Social Effects of Grief" Registration: Eileen or Rita Ph. 99330205 or soloparentservices@ccss.org.au

YOUNGER WIDOWED SUPPORT GROUP CCSS Solo Parent Services' Younger Widowed Support Group is held on the 3<sup>rd</sup> Tuesday of this month. The Support Group is for men and women widowed at a younger age with or without children. Next gathering: Tuesday 17<sup>th</sup> March. Venue: CCSS Centre, 51-59 Allawah St Blacktown. Time: 7pm – 9pm Cost: \$5.00. Registration: Eileen or Rita Ph. 9933 0205 or Email: soloparentservices@ccss.org.au

# DISCOVER WHAT A MERCY EDUCATION CAN DO FOR YOUR DAUGHTER - Year 7, 2017 Enrolment Information Evening

Our Lady of Mercy College Parramatta invites prospective families to the Year 7, 2017 Enrolment Information Evening at 4.45pm on **March 31**. Tour the College, collect an Enrolment pack, attend an information session, meet the College staff and enjoy a BBQ with the OLMC P&F. For enquiries, please contact the Registrar on 8838 1222 or email <a href="mailto:registrar@olmc.nsw.edu.au">registrar@olmc.nsw.edu.au</a>. Limited places available for Year 7 2016.



# **CTK COMMUNITY NEWS**

"Keeping Kids in Mind" workshop is a Post Separation Parenting course. "Keeping Kids in Mind" is a dynamic 5 week course aimed at assisting separated parents who are struggling to co-operatively co-parent supporting their children. Parents are challenged to refocus on better understanding their own children's needs during this time of family change, learn strategies to rebuild resilience in their family and develop child focused ways to negotiate with the other parent.

This course examines issues such as: \*Loss and grief after separation \*The hidden world of children \*Rebuilding resilience \*Bridging the gap \*Looking back, moving forward

All participants must register their interest in attending the course and participate in a pre-group interview prior to the course. This course runs for 5 weeks Wednesday evenings at 6pm from 6 May to 3 June 2015, at CatholicCare Social Services (CCSS), 2A Villiers St Parramatta. The course fee is \$ 100 for all sessions. Concessions are available. Bookings are essential, please call on 02 9933 0222. "Keeping Kids in Mind" is facilitated by qualified and experienced educators and counsellors.

Get ready to celebrate a classic Mother's Day

The annual Women in Super Mother's Day Classic is Australia's biggest breast cancer research fundraising event. Every Mother's Day for the past 17 years, Australians have walked or run to fund research and honour those who have been diagnosed with breast cancer. At the 2014 Mother's Day Classic more than 135,000 participants in 97 locations around the nation raised \$4.5 million, bringing the overall total raised to \$24.3 million.

To find an event near you and to register yourself or a community or corporate team, please visit <a href="https://www.mothersdayclassic.com.au">www.mothersdayclassic.com.au</a>
This year's event is being held on **Sunday 10 May 2015**, and is open to all ages and fitness levels so there is something for everyone whether you want to participate or simply come along and support. More than a quarter of a million Australians have participated in past Mother's Day Classic events, and you can too by registering at <a href="https://www.mothersdayclassic.com.au">www.mothersdayclassic.com.au</a>.

# WESLEY FAMILY CENTRE, THE HILLS Unit 437-14 Lexington Drive Bella Vista 8805 7288.

email: thehills@wesleymission.org.au Many program for children, parents and families which include:

Family Support Work for families with children 0-17 Community Development—Rouse Hill Families Connect

Multicultural Women's Support Group Financial Counselling Services

Children's Expressive Therapies the Hills Counselling

Positive Parenting Program—Triple P 123 Magic & Emotion Coaching Music Playschool Early Ed

Baby Skills Playgroup Big REaD Day Out Event
Play in The Secret Garden Paint the Hills REaD Swap Box

Information pamplets for all of these programs available from the school office.

Sport and Recreation has some great holiday options for kids and families this Easter. Our Kids' Camps provide 7 to 16 year olds with the chance to branch out and be their own person while trying lots of fun activities. Then there's our all-inclusive Family Camps, which give parents and guardians a well-earned rest with accommodation, meals and instructor-led activities included in the price. With over 40 outdoor activities to choose from, including fishing, mountain biking, kayaking, abseiling and rock climbing, there's plenty to do to keep everyone entertained. dsr.nsw.gov.au/kidscamps dsr.nsw.gov.au/familycamps or phone 13 13 02.