



Christ the King, North Rocks

Term 1, Week 8

19th March, 2015

2 Statham Avenue, North Rocks 2151

Phone 9871 7438

Email—northrocks@parra.catholic.edu.au

Website—<http://www.cknorthrocks.catholic.edu.au>

2015

WEEK 8

Thurs 19th Mar

- * PE —3/8, 4/10, 2/6, 5/12
- * Yr6 Reconciliation 10am
- * Dance Club 3.15—4.15pm

Fri 20th Mar

- * Sport Program—Sport uniform for all
- * Band 7.45am **ALL BAND STUDENTS**
- * Yr6 Attending Parish Mass 9.15am
- * Lunch orders
- * Ice blocks after lunch \$1—Yr 5 helpers

WEEK 9

Mon 23rd Mar

- * **YEAR 6 IN CANBERRA**
- * Lunch orders
- * Cool Kids Music Club 3pm—4.30pm

Tue 24th Mar

- * **YEAR 6 IN CANBERRA**
- * Uniform Shop open 8.30am — 11.00am
1.30pm—3.30pm
- * PE —Yr 3, 5/11, Kindergarten

Wed 25th Mar

- * **YEAR 6 IN CANBERRA**
- * Choir 8am Yrs 2-6
- * PE —4/9, 2/5, Yr 1, 5/12
- * Chess 3.00pm—4.00pm

Thurs 26th Mar

- * PE —Year 6, 4/10, 2/6
- * Dance Club 3.15—4.15pm

Fri 27th Mar

- * Sport Program—Sport uniform for all
- * Band 7.45am **ALL BAND STUDENTS**
- * Group band lessons begin during the day
- * Lunch orders
- * Yr 6 attending Parish Mass
- * Ice blocks after lunch \$1—Yr 6 helpers

Dear Parents

Quality Catholic Schools Surveys due tomorrow

Thank you to the many families who have already completed the online survey or have returned their hardcopy survey to the school office.

These surveys are due for completion either online or by lodgement to the Office by 9.30am tomorrow (20th March, 2015).

Please make every effort to complete and return your surveys.

Working together as a school community helps to provide our children with the best schooling system possible.

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### State Election 2015

*With less than two weeks before the state election, I urge you to contact your local MPs and candidates to talk to them about the importance of capital works funding for Catholic schools in western Sydney. Without capital works funding for Catholic schools, it will be difficult to meet growing enrolment demands for Catholic schooling. This will place an even greater burden on the tax payer if places for these children need to be found in government schools.*

Recently, our Executive Director of Schools, Greg Whitby met with Minister Adrian Piccoli to urge him to consider the needs of the 25% of children and young people who attend Catholic schools in western Sydney. Although the meeting was positive, no commitment to capital works funding was made. I urge you to email your local STATE members, Geoff Lee ([parramatta@nsw.liberal.org.au](mailto:parramatta@nsw.liberal.org.au) [Liberal]), James Shaw ([james.shaw@nswlabor.org.au](mailto:james.shaw@nswlabor.org.au) [Labor]), Phil Bradley ([parramatta@nsw.greens.org.au](mailto:parramatta@nsw.greens.org.au) [Greens]) or Michelle Garrard (Independent) to tell them that capital works funding is an important issue for you in the upcoming election.

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Please keep in Your Prayers

✠ Your prayers are requested for the Kaddis family
(William Yr 4, Matthew Yr 2).

Mrs Kaddis gave birth to twin girls—Katherine and Faith
on Tuesday 17th March.

The twins were born prematurely and are currently being cared for in the Critical Care Neo Natal Intensive Care Unit at Westmead.

*We asked that the CTK School Community pray for
Tony & Fadia and the Kaddis family.*

Annelise Stockey, Principal

EASTER HAT PARADE AND PICNIC DAY

**We hope you can join us for the Easter Hat Parade and Picnic Day
on Thursday 2nd April 2015.**

The Hat Parade will kick off at 12.15pm where the children will parade in classes, their Easter Hats to all their peers, teachers and the parents.

Children are invited to wear their hand-made creations on the day.

Please do not go to any expense but rather let your children's imagination using resources around your house to guide their creativity. This is a simple fun event to highlight the Celebration of Easter.

Following the Parade (approximately 1.00pm), the Year 6 Committee will be organising a 'Fundraising BBQ' and drawing the Easter raffle.

PLEASE NOTE: PRE-ORDERS ONLY (must be received by next Tuesday 24th March). NO SAUSAGE SIZZLE PURCHASES AVAILABLE ON THE DAY.

The Sausage sizzle meal deal is \$5.00 which includes a gourmet sausage with sauce on a roll and bottle of water and an ice block.

Cakes and Krispy Kreme donuts will be available to purchase on the day ranging in price from 50c to \$2.00.

Children will be allowed to leave the school ONLY AFTER the conclusion of the picnic at 2pm. Please ensure you sign your child out from their teacher before leaving the school grounds.

Looking forward to seeing you all for a fabulous and fun day.

TIMETABLE OF THE DAY

12.10pm	Whole School gathers on the Oval
12.15pm	Easter Hat Parade begins
12.55pm	Teachers organise students for BBQ lunch
1.00pm	Lunch begins
2.00pm	Students are permitted to be signed out by their parent on class rolls from their teacher. Please note: all students are required to stay on site until 2pm.

2015 Easter Raffle

Tickets for the 'Tub Full of Fun' Easter Raffle will go on sale from Friday, 20 March, 2015. Year 6 students (bunnies) will be visiting classrooms on set days during eating time to sell the raffle tickets.

The cost of the tickets are \$1 each or 3 for \$2. Remember—You've got to be in it to win it!!!!!!



The schedule for the sale of the Easter Raffle tickets is:

Friday, 20 March—Year 5

Thursday, 26 March—Years 3 and 4

Friday, 27 March—Year 2

Monday, 30 March—Year 1

Tuesday, 31 March—Kindergarten

Wednesday, 1 April—Last minute sale open to all grades at lunch time on the basketball court.

Thank you for your support of the 2015 Easter Raffle, which will be drawn on the last day of term after the Easter Hat Parade.

FIRE DRILL **NEXT FRIDAY 27TH MARCH**

The Fire Drill that was scheduled for last Monday 16th March was cancelled due to unforeseen circumstances. **Next Friday 27th March, before 3:00pm** Christ the King Primary School will be practicing a fire evacuation drill from classrooms, library, sports and office areas. This drill is a compulsory component of our emergency procedures and is held to ensure that all our students and staff know the appropriate emergency response and are kept as safe as possible in the event of a fire.

Students will be informed of the fire drill, will have an opportunity to discuss the drill with their teachers and will practice the drill prior to Friday.

Students will be reminded that this is only a practice and not to be alarmed when the announcement of a fire is made.

P&F AGM The AGM will be held **NEXT Tuesday 24th at 7.30pm** in the School Library. The 2014 Committee will be vacated and the following positions will be opened for nominations.

P&F President (Currently held by Connie Este)

P&F Vice President (Currently held by Alison Baxter)

Treasury (Currently held by Catherine Louise)

Secretary (Currently held by Alison Murphy)

PRC Representatives (Currently held by Jeff Saul and Alyce Bertolissio)

We hope you can join us.

Happy Birthday this week to :



March

- 21st Mia Franjesevic
Alexander Harrison
Teana Hodgers
Christopher Saad
- 22nd Blake West
Sarah Loulach
- 23rd Lilly Wood
Gabriel Muldong
Ranbir Singh
Joseph Massoud
- 24th Amelia Fulton
- 25th Ambrose Hughes
- 26th Ethan Bertie

UPDATE YOUR CALENDAR

The Infants & Year 3 Liturgy that was scheduled for Friday 27th March has been **cancelled.**

Please delete this event from your term calendar.

MARK IN YOUR DIARY

- * **Year 2 Dinner**
Wednesday 25th March
- * **HOLY WEEK**
30th March—2nd April
- * **HOLY WEEK LITURGY**
Tuesday 31st March
- * **EASTER HAT PARADE / BBQ PICNIC LUNCH/ LAST DAY TERM 1**
Thursday 2nd April
- * **GOOD FRIDAY**
Friday 3rd April
- * **DAYLIGHT SAVINGS ENDS** Saturday 4th April
- * **HAPPY EASTER**
Sunday 5th April
- * **MOTHER'S DAY LUNCH**
Friday 8th May
Felton's Restaurant (\$50 per head)
Invitations coming home in Term 2

ENROLMENTS FOR 2016 Kindergarten—Year 6

Kindergarten enrolment packages for 2016 are now available.

Enrolment forms for children in Years 1-6 are also available.

Please take note of this enrolment period if you have a child starting school in 2016.

New family meetings will begin in Term 2. Sibling meetings will be held in Term 4.

Please pass on this information to friends, neighbours, relatives etc. if appropriate.

GRADE EVENTS

Year 2 Dinner Please join us for a night out on Wednesday 25th March at 7.15pm at **THE WINSTON.** Please RSVP to Rosa on 0419 871 879.

YR 6 VISITING OUR NATIONS CAPITAL

Best wishes to our Year 6 students who next Monday-Wednesday will be in Canberra as part of their learning experiences for their unit on Government, 'Australian Democracy'. Many thanks to Miss Nafranowicz, Mr Vidot, and Mrs Walsh who will be generously giving up their time, away from their families, to be with the children on this exciting and memorable excursion.

GET INVOLVED IN EARTH HOUR 2015 28th March 2015 between 8.30pm and 9.30pm

In 2015, the worldwide Earth Hour event will focus on encouraging individuals, communities, households and businesses to turn off their non-essential lights for one hour as a symbol for their commitment to the planet.

To find out more, visit earthhour.org.au

Earth hour is an initiative to stop global warming

Anyone can participate!

Renewable energy is cheaper and better for the environment

Turn off your lights on Saturday 28th March to make a difference

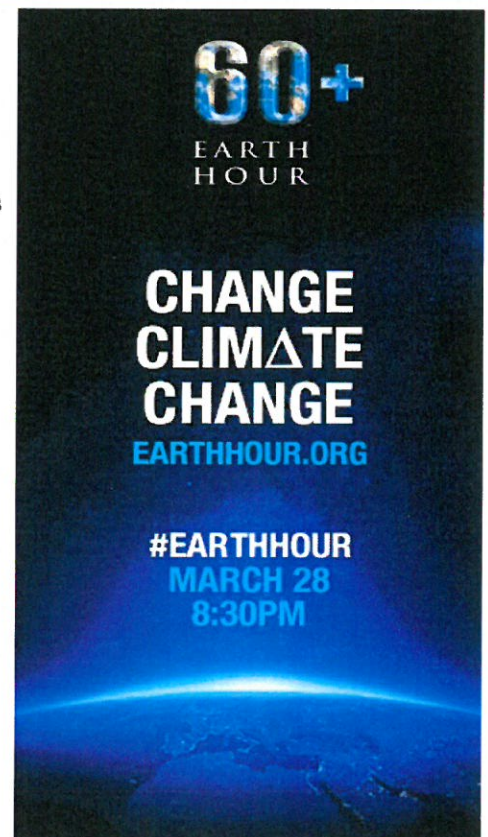
Here in Sydney, Earth Hour started in 2007

Have fun, light some candles

Over 152 countries participate from all around the world

Using cleaner energy will create less pollution

Remember to switch off!



Band News—Beginners Start Morning Band

Congratulations to all our beginner band members who have made such a great start to the year. We are please to say that they have now mastered the basics of setting up and the first few notes on their instruments so we invite them to come along and join us at morning band rehearsals STARTING THIS FRIDAY 20TH MARCH. Rehearsals begin at 7.45am and students are asked to arrive 10-15 minutes prior to this to help with setting up. We look forward to seeing you all there.

SPORT NEWS

Cross Country

On Monday 16th March our students participated in the Annual CTK Cross Country Carnival at Don Moore Reserve. It was pleasing to see students giving their best effort and showing great determination as they completed the course.

Congratulations to Yellow House who were overall winners of the Cross Country Carnival.

Thank you to our teaching staff and the parent helpers who assisted on the day. Your support was invaluable and we really appreciate your generosity in enabling the Christ the King Cross Country Carnival to run successfully and smoothly.

MacKillop & Polding Swimming Championships

Good luck to the following students who will be representing the Parramatta Diocese at the MacKillop & Polding Swimming Championships held this Friday 20th March.

Noah Kite

Sam White

Junior Boys 4 x 50m Relay (Dane Grosvenor, Eamonn Henderson, John-Carlo Beaini and Noah Kite)

The CTK community wishes these students all the best for this next level of competition.

Rugby 7's Futuretah Gala Day

Congratulations to the members of our Stage 2 and 3 Boys Rugby 7's Teams who were crowned champions at the Futuretah Rugby 7's Tournament held at TG Milner Field, Eastwood yesterday, Wednesday 18th March. They will now be competing at the Sydney West Touch Football Competition. Well done boys!

Rugby League

Congratulations to Nicholas Kelly (Year 6) who has been selected for the Parramatta Diocese Rugby League Team.

Hockey

Congratulations to Elizabeth Sullivan (Year 6) who has been selected for the Parramatta Diocese Hockey Team.

Touch Football

Congratulations to Georgia Hekeik (Year 6), Lucy Daher (Year 6) and Laura Saab (Year 6) who have been selected for the Parramatta Diocese Girls Touch Football Team and to Elizabeth Sullivan (Year 6) who has been selected as reserve.

Patrick Vidot, Sports Coordinator

PARISH NEWS

Pianists, Organists, Singers wanted

Looking for pianists, organists and singers with a passion to join our fun and warm music ministry community. Ideally to increase the pool of musicians at the 10am Mass as well as other Masses. Musicians are rostered on a regular basis based on the number of musicians scheduled for the time slot. We will provide the necessary guidance and support to play/sing with our experienced musicians to eventually handling a full Mass. Please contact Darren So at soejd@hotmail.com or call 0410 416 063.

Christ the King Care Group

When you bring home a new baby the last thing you need to do is think about what to prepare for dinner. That's when the Care Group comes in. Please contact either Fadia or myself so that we can bring you home cooked meals for your family. Confidentiality is assured at all times. Also, if illness strikes or you need to care for someone who is sick in the family and we can take the pressure off by helping with meals, please don't hesitate to contact one of us. The Care Group would love to help out.

Maureen Alexander

Care Group Co-Ordinator 96831752

Fadia Kaddis

School Contact 0412922215

Parish Mass times

Saturday Vigil 6.00pm

Sunday Masses 8.00am, 10.00am and 6.00pm

Weekday Masses

Monday	no masses	Tuesday	7.30pm
Wednesday	9.00am	Thursday	9.00am
Friday	9.15am	Saturday	9.00am

Reconciliation Saturday morning Rosary at 8.30am with Reconciliation at 9.30am and then at 4.30pm.



LENTEN CONCERT

'ASHES TO EASTER' with Peter Kearney.

**Friday March 27th, 7.00pm in
Christ the King Church, North Rocks.**

Refreshments at interval.


Peter Kearney is an Australian Catholic songwriter whose hymns and songs include 'Fill My House', 'The Beatitudes' and 'Where Is Your Song, my Lord?'.

His 'Ashes to Easter' concert weaves songs and stories and reflections on Lenten themes and looks ahead to Holy Week and Easter.

The program includes Peter's own songs and hymns, traditional Easter carols and some remarkable songs by the great English songwriter, Sydney Carter (who wrote 'Lord of the Dance'). The concert program is mainly for adults through to upper-primary and older students could also enjoy.

Suggested donation \$5 at door.

ASHES to EASTER



**CONCERT
with
PETER KEARNEY**

A prayerful sequence
of songs, stories & reflections
on
Lenten and Easter themes.

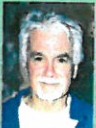
Hosted by
Christ the King Parish

**Friday March 27th
7.00pm
Christ the King Church
10 Statham Avenue
NORTH ROCKS**

Suggested donation \$5 at door

Peter Kearney has made music his full time work and ministry since 1982. His earliest songs 'Fill My House' and 'The Beatitudes' are internationally known. 'This is Our School' has been adopted as a school song by hundreds of Australian schools.

'Peter has the special gift of making the stories and message of Jesus relevant to our modern daily life.' (Fr. Val Patterson MSC)

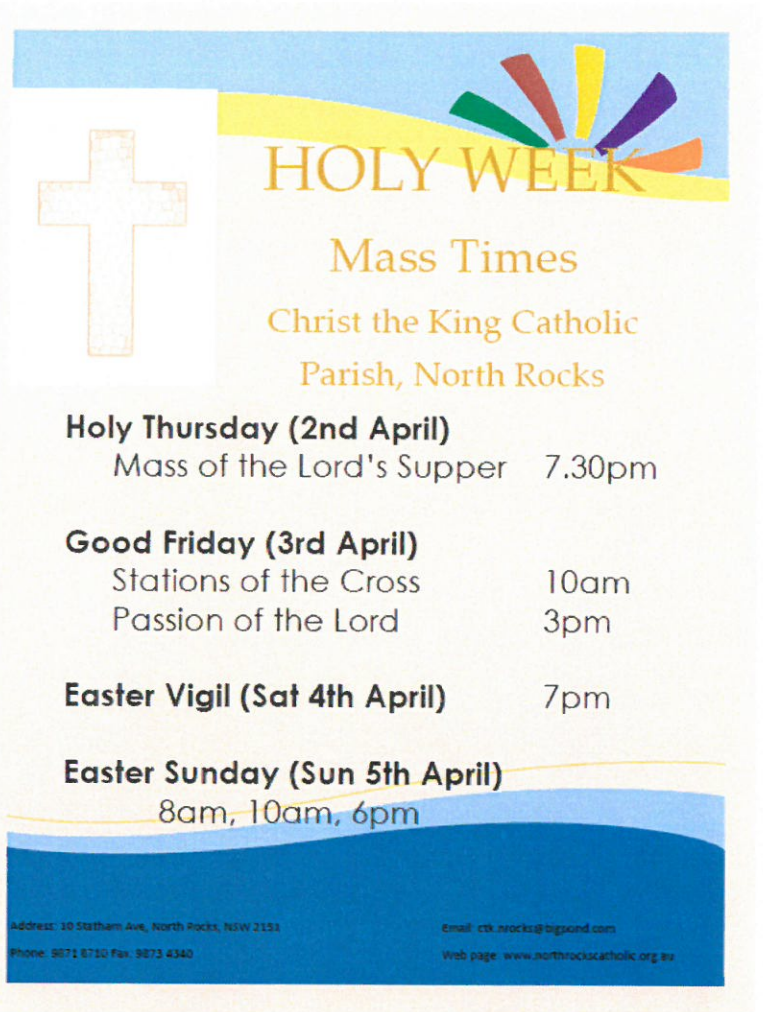


**Christ the King
North Rocks**

**Holy Week
Mass Times**

**Stations of the Cross
for children**

Sunday 29th March



A poster for Holy Week Mass Times at Christ the King Catholic Parish, North Rocks. The top features a stylized cross on the left and a colorful sunburst on the right. The text is in gold and black. The bottom has a blue wavy border.

HOLY WEEK

Mass Times

**Christ the King Catholic
Parish, North Rocks**

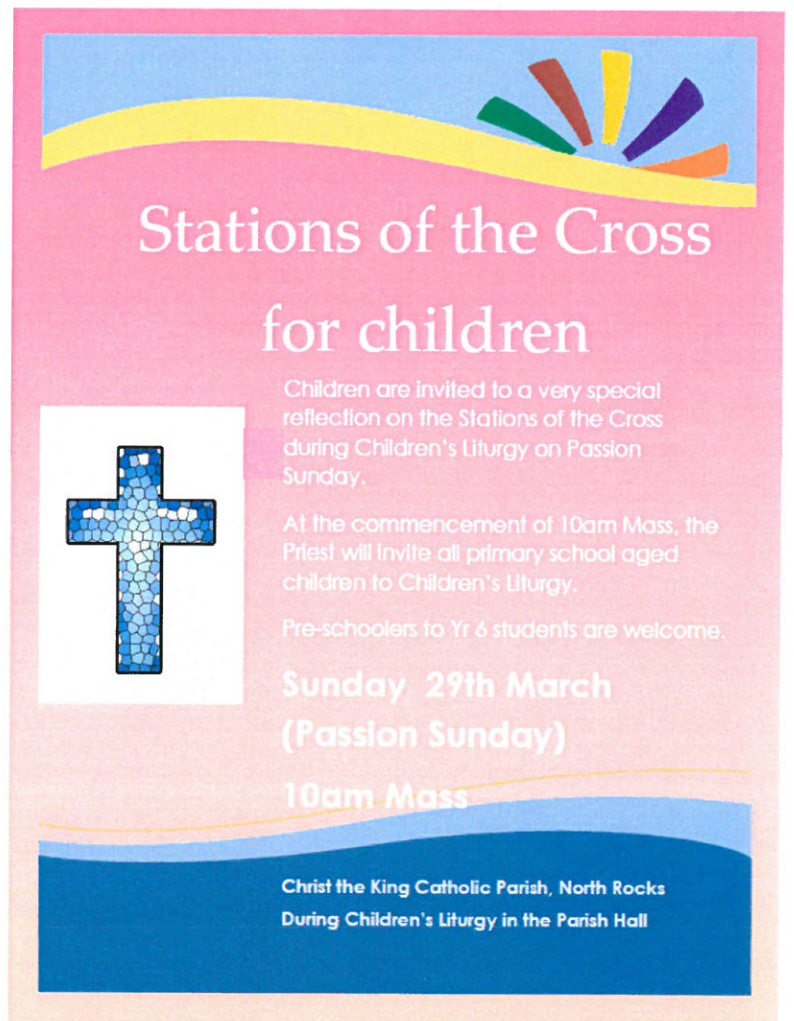
Holy Thursday (2nd April)
Mass of the Lord's Supper 7.30pm

Good Friday (3rd April)
Stations of the Cross 10am
Passion of the Lord 3pm

Easter Vigil (Sat 4th April) 7pm

Easter Sunday (Sun 5th April)
8am, 10am, 6pm

Address: 10 Statham Ave, North Rocks, NSW 2151
Phone: 9871 8710 Fax: 9873 4340
Email: ctk.nrocks@bigpond.com
Web page: www.northrockscatholic.org.au



A poster for Stations of the Cross for children at Christ the King Catholic Parish, North Rocks. The top features a stylized cross on the left and a colorful sunburst on the right. The text is in white and black. The bottom has a blue wavy border.

**Stations of the Cross
for children**

Children are invited to a very special reflection on the Stations of the Cross during Children's Liturgy on Passion Sunday.

At the commencement of 10am Mass, the Priest will invite all primary school aged children to Children's Liturgy.

Pre-schoolers to Yr 6 students are welcome.

**Sunday 29th March
(Passion Sunday)**

10am Mass

**Christ the King Catholic Parish, North Rocks
During Children's Liturgy in the Parish Hall**

International Competitions and Assessments for Schools (ICAS) provide an opportunity for all students to gain a measure of their own achievement in an external assessment situation.

Student participation is voluntary.

Registration forms were sent home last week and are due by NEXT WEDNESDAY 25TH MARCH (Wk 9). Additional copies are available from the office.

If you would like your child to enter any of these University Competitions, please fill out the registration form and return it to school WITH PAYMENT (cash, cheque or Eftpos [in the Office]) in an envelope marked “ICAS” by Wednesday 25th March (Week 9).

Please note: *The University of New South Wales will not accept late entries.*

NO REGISTRATION FORMS WILL BE ACCEPTED AFTER WEDNESDAY 25TH MARCH.

P & F NEWS

Ice Block Friday

ICEBLOCK day will be this Friday 20th with some of our Year 6 Leaders and our **Year 5 parents** running the sales for this week. Could we please have 5 or 6 Year 5 Parent helpers from 1.20pm for 30 minutes to help at the school with ice blocks. Could the helpers meet in the hall kitchen at 1.20pm on Friday.

Ice Blocks are \$1 each. Please inform the office if you do NOT wish your child to purchase an ice block or please ensure that your child has their money on the day to avoid any tears. NO MONEY, NO ICEBLOCK. SORRY

Advance Notice. Year 6 parents will be running the final Ice Block Friday on the 27th March.

Ice blocks will resume again in TERM 4.

5 CENTS FOR CARITAS

Keep sending your 5c coins in with a kids to put into the glass jar, The coins have been accumulating nicely so thank you to all families. At the end of the Lenten period, the school will donate all the 5 cent pieces to Caritas on behalf of Christ the King. The glass jars will then be re-instated into the classrooms till the end of the year with a prize to the class who collects the most 5c coins.

Mark in your Diary

School Disco (Organisers Belinda Abdallah and Shalu Cerrone)

FRIDAY 19 JUNE

Mother's Day Luncheon (Organisers Caroline Elchaar and Aileen Bieni)

FRIDAY 8 MAY @ Felton's

Mother's Day Stall (Organiser Connie Este)

THURSDAY 7 MAY

Mother's Day gift wrapping night in the school hall

WEDNESDAY 6 MAY

We will need many volunteers for the Mother's Day stall and gift wrapping so if you can donate some of your precious time it would be appreciated. Stall will be on Thursday 7 May from 9.15am till approx.. 11.30am where we need sellers and cashiers (approximately 12 mums) and wrapping of 650 gifts will be on Wednesday evening in the Hall from 7.30pm where we could use 20 sets of hands for 2-3 hours.

Cadbury Fundraiser

Stock has not yet arrived of the Variety box. Can all outstanding monies be returned to Belinda Grosvenor via the school office preferably before the close of term and please not on the last day as she will need a few days to collate and bank.

Kind Regards, Connie Este, 2014 P&F President.

UNIFORM SHOP 2015

TUESDAYS 8.30AM—11.00AM

1.30PM—3.30PM

The Uniform Shop is open on TUESDAYS ONLY each week with morning and afternoon opening hours for your convenience.

Parents are most welcome to place an order through the office. FULL PAYMENT must accompany all orders. The Uniform Shop can accept cash or cheque (made payable to Christ the King). Eftpos facilities are able to be accessed through the School office for Uniform orders.

The Uniform Shop Price List is now available on the Christ the King School web site.

Go to ctknorthrocks.catholic.edu.au and click on the 'Parents' tab then click on Handbook, School Office and then Uniform Shop / Clothing Pool. On this page you will find the price list to download.

CHILD PROTECTION—CEO PARRAMATTA MODULE & THE NEW WORKING WITH CHILDREN CHECK



The Working with Children Check is a **three step process** which includes Completion of the CEO Online Child Protection Module and Completion of the 'new working with children check' through the NSW Commission for Children website. Applicants will then need to present the completed documentation at their local Roads & Maritime Service (RMS) Office (formally RTA) for screening which completes the check.

PLEASE NOTE: Partial Completion of the above steps will not be accepted. Completion of only the CEO Module will not allow you to assist in the classroom

1. It is a Diocesan requirement that any parent volunteering at Christ the King School complete the Child Protection training module.

This training is to be completed online at :

<http://childprotection.parra.catholic.edu.au>

CTK will receive email notification when you complete the CEO module.

2. When module has been completed go to: www.kidsguardian.nsw.gov.au and follow the links to complete the 'new working with children check'. A Working With Children Check is a prerequisite for anyone in child-related work. It involves a national criminal history check and review of findings of workplace misconduct.

Only paid workers in child-related work are required to pay the \$80 fee for a five year clearance. This equates to \$16 per year, the lowest in Australia (together with Victoria).

The Working With Children Check remains free for:

- Volunteers and students
- Potential adoptive parents
- Authorised carers
- Adults who reside in the home of:
 - an authorised carer
 - a family day care service provider
- a home-based education and care service provider.

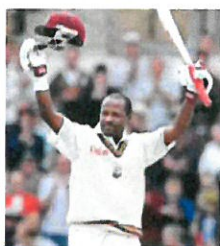
3. Once the RMS check has been completed you will receive an email which will state that you have clearance to work with children. **You will need** to present a copy of the RMS email to the school office to complete your Working with Children Check. **Only then** will you be cleared to work with the children in the school.

CTK COMMUNITY NEWS



Brian Lara & UWS Community Event

Thursday, 2nd April 2015.



Cricket New South Wales along with the University of Western Sydney and Parramatta Grade Club invites you to attend a UWS Community Event and Brian Lara Cricket Match at Old Kings Oval, O'Connell St Parramatta on Thursday 2nd April, 2015 from 11.00am—2.30pm.

RSVP with numbers prior to 24th March

Samantha.devlin@cricketnsw.com.au

For more information call Samantha on 0425 297 701

RYDE EISTEDDFORD 2015 Competitions for all ages, solo or group performances.

Dance—Online entries close 24th April

Vocal—Online entries close 27th April

Instrumental—Online entries close 30th April

Speech & Drama—Online entries close 30th April

Seniors—Online entries close 30th April

Scholarships in all disciplines. Generous money or trophy prizes, Highly qualified and experience adjudicators.

ONLINE INFORMATION AND ENTRY www.re.org.au Flyers available from the school office

ASTRONOMY NIGHTS IN MARCH Saturday 28 March - 8pm – 10 pm

DADS & KIDS NIGHT Kids and dads also include grandfathers, kids and grandkids. So it is for everyone. Age is no barrier to spending an evening with the family and the stars.

These nights will also include a 3D astronomy movie, a tour of the dome area and 0.6m telescope and an opportunity to view celestial objects through the university's telescopes. Our programs will run regardless of the weather. **Cost:** \$18 adult, \$12 child/concession and \$50 family **Bookings are essential for each event:** Book and pay online:

www.uws.edu.au/observatory, What's On **Contact:** Tel: (02)4736 0135

www.uws.edu.au/observatory **Email:** penrithobservatory@uws.edu.au

PENRITH OBSERVATORY SCHOOL HOLIDAY PROGRAM:

Rocket Workshop Wednesday 8th April 10-12noon, Galaxies and Beyond

Saturday 11th April 7-9pm, Star Stuff Workshop Thursday 16th April

10-12noon, Galaxies and Beyond Saturday 18th April 7-9pm. For more

information go to www.uws.edu.au/observatory or call (02) 4736 0135

DISCOVER WHAT A MERCY EDUCATION CAN DO FOR YOUR DAUGHTER – Year 7, 2017 Enrolment Information Evening

Our Lady of Mercy College Parramatta invites prospective families to the Year 7, 2017 Enrolment Information Evening at 4.45pm on **March 31**. Tour the College, collect an Enrolment pack, attend an information session, meet the College staff and enjoy a BBQ with the OLMC P&F. For enquiries, please contact the Registrar on 8838 1222 or email registrar@olmc.nsw.edu.au. Limited places available for Year 7 2016.

Parramatta Library is presenting Reading Recovery Principles for Parents of children in K-4.

Go back to basics with presenter and literacy expert Kylie Mullins from ABCread and learn the importance of early intervention in helping your child become a good reader, find out which skills & strategies your child needs to help them achieve success. I would appreciate if you could forward this email to staff, network, place on noticeboards, newsletter and to family and friends who may be interested in attending.

If you require further information please do not hesitate to contact the library.

Reading recovery principles for parents: Back to Basics for K to 4.

Date: Tuesday 7 April 2015

Location: Parramatta Library

Time: 6—7.30 pm including (Q&A)

Ages: parents

Cost: free

Bookings: Online http://www.parracity.nsw.gov.au/play/whats_on/events_calendar/events_store/library_programs/reading_recovery_principles_for_parents_back_to_basics_for_k_to_4_at_parramatta_library

CTK COMMUNITY NEWS

"Keeping Kids in Mind" workshop is a Post Separation Parenting course. "Keeping Kids in Mind" is a dynamic 5 week course aimed at assisting separated parents who are struggling to co-operatively co-parent supporting their children. Parents are challenged to refocus on better understanding their own children's needs during this time of family change, learn strategies to rebuild resilience in their family and develop child focused ways to negotiate with the other parent.

This course examines issues such as: *Loss and grief after separation *The hidden world of children *Rebuilding resilience *Bridging the gap *Looking back, moving forward

All participants must register their interest in attending the course and participate in a pre-group interview prior to the course. This course runs for 5 weeks Wednesday evenings at 6pm from 6 May to 3 June 2015, at CatholicCare Social Services (CCSS), 2A Villiers St Parramatta. The course fee is \$ 100 for all sessions. Concessions are available. Bookings are essential, please call on 02 9933 0222. "Keeping Kids in Mind" is facilitated by qualified and experienced educators and counsellors.

Get ready to celebrate a classic Mother's Day The annual Women in Super Mother's Day Classic is Australia's biggest breast cancer research fundraising event. Every Mother's Day for the past 17 years, Australians have walked or run to fund research and honour those who have been diagnosed with breast cancer. At the 2014 Mother's Day Classic more than 135,000 participants in 97 locations around the nation raised \$4.5 million, bringing the overall total raised to \$24.3 million.

To find an event near you and to register yourself or a community or corporate team, please visit www.mothersdayclassic.com.au This year's event is being held on **Sunday 10 May 2015**, and is open to all ages and fitness levels so there is something for everyone whether you want to participate or simply come along and support. More than a quarter of a million Australians have participated in past Mother's Day Classic events, and you can too by registering at www.mothersdayclassic.com.au.

WESLEY FAMILY CENTRE, THE HILLS Unit 437-14 Lexington Drive Bella Vista 8805 7288.

email: thehills@wesleymission.org.au Many program for children, parents and families which include:

Family Support Work for families with children 0-17	Community Development—Rouse Hill Families Connect
Multicultural Women's Support Group	Financial Counselling Services
Children's Expressive Therapies the Hills	Counselling
Positive Parenting Program—Triple P	123 Magic & Emotion Coaching
Music Playschool	Early Ed
Baby Skills Playgroup	Big REaD Day Out Event
Play in The Secret Garden	Paint the Hills REaD Swap Box

Information pamphlets for all of these programs available from the school office.

Sport and Recreation has some great holiday options for kids and families this Easter. Our Kids' Camps provide 7 to 16 year olds with the chance to branch out and be their own person while trying lots of fun activities. Then there's our all-inclusive Family Camps, which give parents and guardians a well-earned rest with accommodation, meals and instructor-led activities included in the price. With over 40 outdoor activities to choose from, including fishing, mountain biking, kayaking, abseiling and rock climbing, there's plenty to do to keep everyone entertained. dsr.nsw.gov.au/kidscamps dsr.nsw.gov.au/familycamps or phone 13 13 02.

School performance and your child's mental health

Forum delivered in Mandarin

Keynote speaker Dr. Xiaoping Zhu is a registered psychologist with 20 years experience, specialising in counselling for the Chinese community. Q&A session with experts will follow.

Thursday 30 April 2015 Hornsby Shire Council Chambers 296 Peats Ferry Road, Hornsby 6.00pm-8.30pm

Registration and light refreshments at 5.30pm Bookings essential at www.trybooking.com/GUOU or call Rita on 02 9777 7992.

YOUR GARDEN The Blue Mountains Botanic Garden, Mount Tomah. The Blue Mountains: Grandeur & Intimacy an exhibition by Ian Brown Sat 7th-Mon 27 April, Kids Story Time Fri 10 April 11.30am or 1pm-2.30, Tomahroma Autumn Food & Wine Festival with the International Back to Back Wool Challenge Sat 2 May, 8am-4pm, Your Garden Open Mon-Fri 9am-5.30pm Weekends & Public holidays Bells Line of Road Mount Tomah. For all autumn events: bluemountainsbotanicgarden.com.au