

#### Christ the King, North Rocks 12th May, 2016

Term 2, Week 3

2 Statham Avenue, North Rocks 2151 Email—northrocks@parra.catholic.edu.au Phone 9871 7438 Website-http://www.ctknorthrocks.catholic.edu.au

#### 2016 Term 2, Week 3

#### Friday 13th May

- Band (all students) 7.45am (sharp)
- **LUNCH ORDERS**
- Debating Yr 6 v St Paul's 9.45am

#### Term 2, Week 4

#### SUMMER UNIFORM EXTENDED UNTIL 24TH MAY

- Monday 16th May SPORT PROGRAM
  - All students in sport uniform
- **LUNCH ORDERS**
- Cool Kids Music 3-4.30pm

#### Tuesday 17th May

- **MATHS CLUB 8am**
- ICAS—Digital Technologies 8am in the Library

Registered students from Yr3-Yr 6 only

- **Uniform Shop** 8.30-11.30am 1.30-3.30pm
- PE: Yr 1, 2/5, 3/7, 4/9

#### Wednesday 18th May

- Choir 8am
- **LUNCH ORDERS**
- PE: Kindy, 2/6, Year 6
- Chess 3-4pm

#### Thursday 19th May

- Yr 4 Reconciliation
- **PE:** 3/8, 4/10, Year 5
- SAUSAGE SIZZLE: Yr6 Endof-Year event FUNDRAISER
- DanceClub 3.15-4.15pm

#### Friday 20th May

STAFF DEVELOPMENT PUPIL FRFF DAY

Monday 23rd May

STAFF DEVELOPMENT PUPIL FREE DAY

#### Dear Parents

This Sunday we celebrate the feast of Pentecost. Throughout the liturgy this week we are reminded of the spirit of the Lord filling the hearts of his flock and the earth inheriting the gifts of the Father. The readings and responses for the mass highlight to us all that "the spirit of the Lord holds all things together." Before his death Our Lord promised that he would send the Holy Spirit to his people bestowing the gifts of the Father to one and all. This is encapsulated in the story of Pentecost so beautifully told by St John in Sunday's Gospel. The tongues of fire that rested upon the heads of the Apostles in the Pentecost account, symbolise the fire of God's love that touches each one of us in a unique manner. This gift of God's love is unique and different in all of us and is developed in individual and personal relationship with our Heavenly Father.

Late last week, Pope Francis announced the appointment of the Most Reverend Vincent Long Van Nguyen as the fourth Bishop of the Parramatta Diocese. We congratulate Bishop Vincent and pray for him as he begins his ministry as the new shepherd for the people of Parramatta. Please find inside this week's newsletter, Bishop Vincent's bio.

We are on the look-out for two parents to take on the role as the CTK representatives to attend the Diocesan Parent Representative Council. The meetings are held once a term generally on a Monday evening. The role would involve reporting back to the school community through the variety of communications we have in place ie. newsletter, skoolbag etc. The role includes providing information regarding Diocesan initiatives and workshops pertinent to parents and their children's education and well being. The role is not an onerous one but one that facilitates information back directly to our parent body. If you would like to take on the role or require more information about the position, please email me at ahughes@parra.catholic.edu.au It is important that our school community is represented at these gathering so information can be relayed back to our parent body.

Just a reminder that our pupil free/staff development days will take place on Friday 20th and Monday 23<sup>rd</sup> May. The staff over these two days will be working on literacy, numeracy and formation initiatives implemented for 2016. The CTK COSHC are asking for expressions of interest from parents who may wish to avail themselves of their services on the two days. If you are interested, please contact our COSHC co-ordinator Matt on 0427332364.

The front office is the first point of call when parents visit or call any school. It is no different at CTK. Our three office staff are second to none and are committed to their administrative work and the care and well being of our students. Their role in dealing with parents is an administrative one whereby they are the link between parents and the staff. In addition to their pastoral care role with our students, their role is two fold. Our office ladies are responsible for fielding your inquiries and passing on information to staff and myself, organise appointments and assist with many of the day to day operational school procedures. Their role is not to solve classroom, social or behavioural issues that require the attention of teachers or myself. At times as parents we can be emotional when it comes to dealing with issues pertaining to our children and school. Occasionally this emotion is directed unfairly at our office staff. If you have pressing concerns that require immediate attention please contact me directly via email or my mobile.

During Terms 2 and 3 on Thursday afternoons after lunch, all students in Yrs 2 -6 will be doing dance drama as part of the Creative Arts syllabus. During this time Wakakirri rehearsals will take place ensuring that <u>all</u> our children will be participating in dance drama activities, working on achieving the same Creative Arts outcomes at each stage level, irrespective of whether they participate in Wakakirri or class dance drama activities. The students therefore, will be assessed based on the same stage outcomes irrespective of the activity in which they are participating.

> Have a great week! Tony Hughes, Principal

### **Fourth Bishop Of Parramatta Appointed**

5/5/2016

His Holiness Pope Francis has today appointed the Most Reverend Vincent Long Van Nguyen OFMConv DD, as the fourth Bishop of the Diocese of Parramatta. He has been Auxiliary Bishop of the Archdiocese of Melbourne since 2011.

Bishop Long Van Nguyen OFMConv DD succeeds Archbishop Anthony Fisher OP.

The new Bishop of Parramatta was born in 1961 in Gia-Kiem, Vietnam. He and his family came to Australia as refugees in 1980.

After his ordination to the priesthood on 30 December 1989, Bishop Long Van Nguyen OFMConv DD went to Rome for further studies and was awarded a licentiate in Christology and Spirituality from the Pontifical Faculty of St Bonaventure.

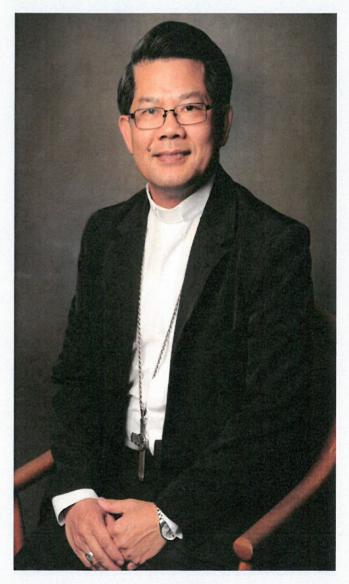
He was elected superior of the Order of Friars Minor Conventuals in Australia in 2005.

Very Rev Peter G Williams, Diocesan Administrator of the Diocese of Parramatta, warmly welcomes Bishop Long Van Nguyen OFMConv DD as the fourth Bishop of Parramatta.

"Bishop Vincent is no stranger to the diocese. As a Conventual Franciscan Friar, he was Parish Priest of Our Lady of the Rosary, Kellyville," Fr Peter Williams said.

"We look forward to welcoming him at his formal installation in St Patrick's Cathedral, Parramatta, at a date that will be set in the near future.

"I ask you to pray for Bishop Vincent as he concludes his ministry in the Archdiocese of Melbourne and assumes leadership of the Diocese of Parramatta."





#### AFTERNOON TEA AT PARLIAMENT HOUSE

Yesterday Mr Matthews and I had the great pleasure of accompanying our school Captains Juliette Hughes and Anthony Elliot to the Hills Electorate Student Leadership forum and afternoon tea in at Parliament House Sydney. The afternoon was hosted by the Hills state member Mr David Elliot MP. The young leaders got to meet the NSW premier Mr Mike Baird and various local community leaders from the Australian RSL, Emergency Services and Local Government officials. The students had the opportunity to converse with these organisation heads to discuss "leadership" and their role in their organisation or community. Juliette and Anthony proved great ambassadors for our school in attending the forum yesterday in their capacity as our CTK school captains.





## Pentecostal Mass and Year 6 Grade Mass PENTECOSTAL CELEBRATION AT CTK THIS SUNDAY, 15TH MAY FROM 10AM

Let's celebrate our beginnings with a multicultural feast! Come along and bring a dish to share.

Join us as we celebrate Pentecost Sunday on May 15 with a special Year 6 Mass and a shared morning tea after 10am Mass.

We invite all parishioners to come along and bring a sweet dish from their cultural background to share.

#### Please keep in Your Prayers

Prayers are requested for the Nikolaidis Family (John Year 3) on the passing into eternal life of his maternal Grandfather last Thursday.

He is now at peace with His loving God whom He served so faithfully. Grant Him eternal rest, O Lord, and may perpetual light shine on him forever.

#### Happy Birthday for the month of May to



Kinder Benjamin K EvaRose B Evie W Sarah D John-Paul R Matthew R

Year 1 Lucas H

Year 2 Eden H Amarlie S Max R

Year 3 Liam A John N Raphael C

Year 4 Joshua K Danielle N Elle D Olivia I Jason Z

Year 5 Ryan B Isabella M

Year 6 Rita N Jasmyn P Juliette H Hunter H

#### **MARK IN YOUR DIARY**

Thursday 19th May

• Yr 6 Fundraiser: Sausage sizzle

Friday 20th May

• Staff Development / Pupil Free Day

Monday 23rd May

• Staff Development / Pupil Free Day

Monday 13th June

• Queens birthday Public Holiday Friday 16th December

• Yr 6 End-of-Year Parent / Child dinner



#### $\lambda \subseteq \overline{\mathsf{INTERNATIONAL}}$ COMPETITIONS FOR AUSTRALIAN SCHOOLS $\overline{\mathsf{INTERNATIONAL}}$ DIGITAL TECHNOLOGIES

When: NEXT Tuesday 17th May 2016.

Time: Arrive by 7.45am for an 8.00am start as assessment takes 55-60 minutes.

Where: School Library

What to bring: 2B Pencil, eraser, sharpener.

#### **IMPORTANT**

• The assessment paper will be sat for **ONLY** on the allocated day above.

• Students to arrive at 7.45am. Competition will begin at 8:00am SHARP to enable students to complete their paper by 8:45am.

There will be NO MAKE UP DAY for students who forget to attend or who are absent from school
on the scheduled subject day.

#### **RELIGIOUS EDUCATION NEWS**

#### Gospel of Luke—daily prayer and reflection

At Christ the King School we greatly value daily prayerful reading of Holy Scripture.

We acknowledge the significance that reading the narrative of Jesus Christ sequentially has in developing a deep faith and love of Jesus. This is also an opportunity to be revealed the true mission and message of Jesus Christ, assisting each of us to recognise and accept our call to live and spread the Gospel values within a contemporary world.

The students at Christ the King School will be reading an online Bible, Bible Gateway at <a href="https://www.biblegateway.com">www.biblegateway.com</a> and using the Contemporary English Version. This online version has been approved by the Bishop's office, which has been chosen as it uses appropriate language for Primary aged students. You are welcome to use the online Bible or your own Bible at home. Each week in the Christ the King School Newsletter and the Christ the King Parish Bulletin, the weekly readings will be published.

This week the school community read these readings from the Gospel of Luke.

Week	Monday	Tuesday	Thursday	Wednesday	Friday
3	May 9, 2016 Luke 2: 22-35 Simeon Praises the Lord	May 10, 2016 Luke 2: 36-38 Anna Speaks about the Child Jesus	May 11, 2016 Luke 2: 39-40 The Return to Nazareth	May 12, 2016 Luke 2: 41-52 The Boy Jesus in the Temple	May 13, 2016 Luke 3: 1-20 The Preaching of John the Baptist

Please join the Christ the King community in prayerfully reading the Gospel of Luke for Week 4.

	May 16, 2016	May 17, 2016	May 18, 2016	May 19, 2016	May 20, 2016
	Luke 3 21-22	Luke 3: 23-38	Luke 4: 1-13 Je-	Luke 4: 14-15	Luke 4: 16-30
4	The Baptism of	The Ancestors	sus and the	Jesus Begins His	The People of
	Jesus	of Jesus	Devil	Work	Nazareth Turn
					against Jesus

We hope you all take this opportunity to join us as a Catholic community in prayer and reflection of the Gospel of Luke.

Monica Burley, Religious Education Coordinator





Please support our Year 6 fundraiser, all proceeds will go towards the "End of Primary School" Graduation and Activities.

We will be hosting a delicious sausage sizzle for the children on:

#### Thursday 19th May

Cost is \$5.00 which includes:

A freshly cooked sausage sizzle along with a cold drink (water or juice) served at lunch time.

Pre-Order form was sent home. For catering purposes, completed order form and payment are due by TOMORROW, FRIDAY 13th May.

Please note: If not pre-ordered, only limited Sausage sizzles will be available on the day

#### LIBRARY NEWS



Are your children bringing home books from the library with a PRC sticker on them? Red K-2, Green 2-3 & Purple 4-6

Are you or your children recording the PRC ID onto their PRC Reading Log?

The PRC closes on the 17th August, 2016. Electronic log-on details will be sent home early in Term 3.

Please continue to encourage your children to read for the challenge.

#### Internet Safety and Children from <a href="http://raisingchildren.net.au/articles/internet\_safety.html#teaching">http://raisingchildren.net.au/articles/internet\_safety.html#teaching</a>

You can help your child learn how to use the internet safely, responsibly and enjoyably:

- Focus on the positive aspects of the internet when you're guiding your child. Spend time showing her sites that are fun, interesting or educational (and then bookmark them for later use). For example, you could help your child find some information she needs for homework.
- Explain also that some areas of the internet are for adults only and not intended for children to see.
- Explain to your child that not all information on the internet is good, true or helpful. Encourage your child to question things he finds on the internet. When he finds a new site, he could ask, 'Who is in charge of this site?', 'Have I found information or is this just opinion?' and 'Is this site trying to influence me or sell me something?'

Talk to your child about <u>being a good and safe digital citizen</u>, including the way she behaves towards others online and the things she shares about herself, particularly photos. As a general guideline, if your child wouldn't say or do something face to face with someone, she shouldn't say, do or share it online.

Mrs Sarah Cook, Teacher / Librarian

#### SUMMER UNIFORM EXTENDED

Due to the warmer weather we have been experiencing, children may wear their summer uniform (at parent discretion) until Thursday 19th May. From Tuesday 24th May, FULL WINTER UNIFORM must be worn.

#### **SPORT NEWS**

A reminder to all parents: Due to the small number of students attending each Gala Day (with exception of Netball) and the high cost of bus hire, students are asked to make their own way to and from the Gala days. Any inquiries please call Miss Boules or Mr. Cairns for further information.

#### HAVE YOU DOWNLOADED THE Skoolbag App YET???



Skoolbag is the ultimate school to parent communication tool. This School Mobile App provides schools with an easy way to tell parents and carers important information as soon as it happens example: school news, event reminders, cancellations and much more. No more lost papers in school bags!

To install it, just search for our school name "Christ the King Primary North Rocks" in either the Apple App Store, Google Play Store or on Windows.

#### **NAPLAN 2016**

The children in year 3 and 5 have now completed their NAPLAN assessments. We are very proud of the way our students have approached these tests with ease and calmness. We believe that this experience is one that should be seen as fitting normally into a school day and we thank all the parents for ensuring the children's positive approach over the last three days. We know, after all, that NAPLAN is one way of assessing Literacy and Numeracy skills but does not give us a complete picture of what your child can do, the creative, inquisitive, socially skilled or independent learner your child is developing into. I thank you and our talented staff for keeping all these experiences in perspective and respecting the uniqueness of each individual child at Christ the King.





CTK Timeline for students sitting for the 2016 International Competitions and Assessments.

#### 2016 Timeline

Subject	Date	Venue	Time	Equipment
D i g i t a l Technologies	Tuesday, 17 <sup>th</sup> May	Library	7.45am for an 8:00am start	2B pencil, eraser
Science	Tuesday, 31st May	Library	7.45am for an 8:00am start	2B pencil, eraser
Writing	Tuesday, 14 <sup>th</sup> June	Library	7.45am for an 8:00am start	2B pencil, eraser
Spelling	Wednesday, 15 <sup>th</sup> June	Library	7.45am for an 8:00am start	2B pencil, eraser
English	Thursday, 2 <sup>nd</sup> August	Library	7.45am for an 8:00am start	2B pencil, eraser
Mathematics	Tuesday, 16 <sup>th</sup> August	Library	7.45am for an 8:00am start	2B pencil, eraser

It is important that students arrive on time to sit for the papers so that they may complete the assessments without impacting on their class learning.

#### **IMPORTANT**

The assessment paper will be sat for **ONLY** on the allocated day above.

Students to arrive at 7.45am. Competition will begin at 8:00am SHARP to enable students to complete their paper by 8:45am.

There will be **NO MAKE UP DAY** for students who forget to attend or who are absent from school on the scheduled subject day.

#### **Cross Country**

#### By Thea, Skye and Mark

On the 3rd May, 46 students from CTK went to Eastern Creek and competed in the Diocesan Cross-Country carnival. Congratulations to all the people that went.

They made our school proud when 7 people made it into the next level.

Six girls and six boys had the privilege of running in each age group. The 8, 9 and 10 year olds ran 2km and the 11 and 12 year olds ran 3km.

We congratulate all the students who participated on their hard work, commitment and training. They made our school very proud. A further congratulations to Talia Younis, Caitlyn Brennan, Olivia Sassen, Skye Grosvenor, Hunter Hosking, Nathan Hall and Marcus Younis who made it into the next level.















#### TUESDAYS 8.30AM—11.30AM 1.30PM—3.30PM

#### The Uniform Shop is open on TUESDAYS ONLY each week with morning and afternoon opening hours for your convenience.

Parents are most welcome to place an order through the office.

FULL PAYMENT must accompany all orders.

The Uniform Shop can accept cash or cheque (made payable to Christ the King). Eftpos facilities are able to be accessed through the School office for Uniform orders.

The Uniform Shop Price List is now available on the Christ the King School web site. Go to ctknorthrocks.catholic.edu.au and click on the 'Parents' tab then click on Handbook, School Office and then Uniform Shop / Clothing Pool. On this page you will find the price list to download.



The Working with Children Check is a three step process which includes Completion of the CEO Online Child Protection Module and Completion of the 'new working with children check' through the NSW Commission for Children website. Applicants will then need to present the completed documentation at their local Service NSW Office (formally RMS/RTA) for screening which completes the check.

PLEASE NOTE: Partial Completion of the above steps will not be accepted. Both the CEO Module and the NSW Working With Children Check must be completed to finalise your clearance.

1. It is a Diocesan requirement that any parent volunteering at Christ the King School complete the Child Protection training module.

This training is to be completed online at:

#### http://childprotection.parra.catholic.edu.au

CTK will receive email notification when you complete the CEO module.

2. When module has been completed go to: www.kidsguardian.nsw.gov.au and follow the links to complete the 'new working with children check'. A Working With Children Check is a prerequisite for anyone in child-related work. It involves a national criminal history check and review of findings of workplace misconduct.

The Working With Children Check is FREE. Only paid workers in child-related work are required to pay the \$80 fee for a five year clearance. This equates to \$16 per year, the lowest in Australia (together with Victoria).

The Working With Children Check remains free for:

- Volunteers and students
- Authorised carers

- Potential adoptive parents
- Adults who reside in the home of:
- an authorised carer
- a family day care service provider
- a home-based education and care service provider.
- **3.** Once the NSW Office of the Children's Guardian check has been completed you will receive an email with a WWCC Number which states that you have clearance to work with children. **You will need** to present a copy of this email to the school office to complete your Working with Children Check. **Only then** will you be cleared to work with the children in the school.



Thursday 5 May

#### **LIFTED Live Nights**

Dear Principal,

Catholic Youth Parramatta and the Diocesan Youth Council have developed a series of high energy, evangelisation events designed to allow young people 16-35 an opportunity to invite friends and family to a safe, welcoming, inspirational, and spiritually charged night that will bring a little more hope, meaning and trust back into their relationship with the Church and its mission.

Our first LIFTED Live Night featuring Fr Rob Galea and his Band at the Riverside Theatre was a huge success with the venue almost booked out.

We are looking for your support in identifying and encouraging young people to attend our upcoming LIFTED Live Nights.

World Youth Day 2016 pilgrims will be in attendance. We ask for your assistance in encouraging the further attendance of any other staff and students.

Saturday 14 May -

LIFTED Live! Steve Angrisano

St Paul's College, Greystanes 7:30pm – 10:00pm

Tuesday 17 May -

LIFTED Live! Jason Evert

Patrician Brothers College, Blacktown

7:00pm - 9:30pm

Both are Diocesan/CEDP sponsored events and are free. It would be appreciated if participants could RSVP to each event page found here - <a href="https://www.facebook.com/catholicyouthparra/events">https://www.facebook.com/catholicyouthparra/events</a>

Thank you for your continued support of our evangelising mission in the Diocese of Parramatta.

Yours sincerely,

James Camden
Director
Catholic Youth Parramatta





1 in 3 Australians are touched by Cancer and the funds raised in this morning tea will make a difference in the lives of Cancer patients and their families



#### Ray and Shirley Wehbe

Together with...
The Making a Difference for Christmas
The Maronite Ladies of the Gospel
The Australian Blouza Association

#### Are Hosting Australia's Biggest Morning Tea

Don't hesitate to join us to make a <u>BIG</u> difference to raise as much funds as possible to help in this fight for Cancer On Tuesday 17th May 2016

> At the home of Ray & Shirley Wehbe At 107 Bettington Road Oatlands From 6:00 am until noon

<u>Intry Jee</u> - \$20.00 Adults or donation & Children free. This includes a hot and cold breakfast, tea/coffee, juices, sweets & much more.

Everyone is welcome to the biggest spread of breakfast and morning tea if you're on your way to work or after dropping children off at school, please drop in and join us for either breakfast or morning tea.

Any form of donation will be welcomed for those unable to attend on the day and wish to support this worthy cause. For any enquiries contact Shirley Wehbe on 0409 330 028 or email: shirleywehbei@hotmail.com

Businesses in the area why not encourage your staff to come for breakfast

Pack a funch to take away from our great variety of food

Alternatively collect a tray of food for your office morning tea.





<u>UPCOMING EVENTS AT MOUNT SCHOENSTATT, MULGOA</u>
† May 13th to 15th <u>Discover – Self-discovery weekend for Young Women</u>
(18-35) A self-knowledge weekend on identity and personality, dignity, womanhood, personal ideal, vocation and mission. Early Bird offer open until 1st of May. Contact Sr Julie via email: <u>juliebrcar@gmail.com</u> or call 0408 7380334 - Mount Schoenstatt Spirituality Centre, 230 Fairlight Road, Mulgoa

† May 22nd Annual Marian Pilgrimage - Mount Schoenstatt Spirituality Centre, 230 Fairlight Road, Mulgoa Commencing at 10 am with Mass at 10.30 am all are welcome. 2.00 pm Eucharistic Procession from the Valley and Final Benediction at the Shrine. Alternative Program with the Anointing of the Sick and Elderly at the Shrine. This is a special year for pilgrimage with our "Holy Door of Mercy". Bring you picnic lunch, chairs and rug. Hot food, tea and coffee are available. Details available on FB Events: "Mt Schoenstatt Shrine and Retreat Centre" and at our website: www.schoenstatt.org.au or call the office on 4773 8338

PENRITH OBSERVATORY Astronomy Night – Dr Jill Rathborne: Saturday 14 May 2016 (7.00 pm – 9.00 pm) The evening will include a presentation from our guest speaker Dr Jill Rathborne, a 3D astronomy movie, a tour or the dome area and an opportunity to view the night sky through the observatory's telescopes. Dr Jill Rathborne is a research scientist with the CSIRO, and is part of the international group that is setting up the Australian part of the most powerful telescope in history in outback Western Australia, the Square Kilometre Array (SKA). Cost: \$18 adult, \$12 child/concession and \$50 family Bookings are essential: To book and pay for tickets visit westernsydney.edu.au/observatory



Catherine McAuley Westmead School Open Morning 9.15 – 11am, Tuesday 17<sup>th</sup> May 2016

Enrolments for Year 7 2018 Catherine McAuley is now accepting enrolments for Year 7 2018.

Fach year the demand for places at Catherine McAuley exceeds what is available. Join us on our upon

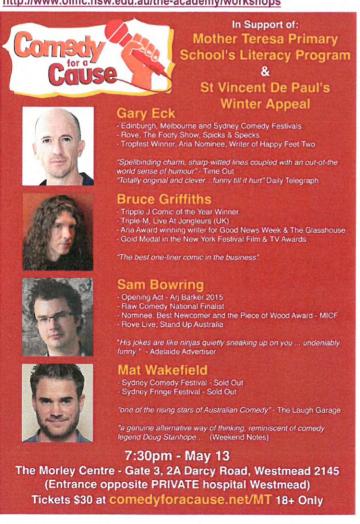
Each year the demand for places at Catherine McAuley exceeds what is available. Join us on our upcoming school tour especially for Year 7 2018 applicants but open to any year group.

Our Open Morning is a great opportunity to tour around our school grounds, view our fantastic facilities and meet our students and teachers. You will have the opportunity to go into classrooms and see them in action. Both children and

adults are most welcome. Please contact School Reception on 9849 9100 if you would like to attend. Our school tours will leave at 9.15am and car parking will be available in the visitor's car parking area via Gate 3 from 9am onwards. Ask for details when making your booking.

Oakhill College Gala Day Saturday 4th June 2016 An exciting day of sport combined with the fun of a fair. With over 3000 people attending each year this is a day not to be missed!! Sport, Markets, Rides, Delicious Food, Bookstalls and more! Come along and enjoy this great day while supporting Oakhill College! Oakhill College, 423-513 Old Northern Rd, Castle Hill NSW. http://www.oakhillgaladay.org/

School Holiday 2-Day Music Workshops
The Mercy Music & Performance Academy Parramatta will be holding two 2-day workshops in the Christina Creede Music Centre at OLMC Parramatta during the July holidays. These workshops are for boys and girls, Years 3 to 12 (aged 8 to 18) from an approximate standard of AMEB preliminary - Grade 3. The 2 Day Concert Band Workshop and 2-Day Strings Workshop run from 9am-3pm Monday 11 and Tuesday 12 July, 2016. Cost is \$180 per 2-Day workshop. For full details and how to apply call 8838 1288 or visit: http://www.olmc.nsw.edu.au/the-academy/workshops







# Rollercoasters

## Letter to Parents

Dear Parents,

Working with children holds both rewards and challenges. For many children, one of their challenges will be to cope with family change. They need support and information to navigate these uncharted seas successfully. When parents and counsellors work together, sending similar messages of encouragement and hope, children's anxieties diminish.

For this reason, a group for children of changing families, called *Rollercoasters*, is being formed for primary aged children. This group is designed for children who have recently experienced parental separation, divorce, or other changes in family composition. Whether your children reacted strongly or mildly to changes in their family, they often benefit from working with other children who have had similar feelings and expenses.

Rollercoasters utilizes discussions, games, role-plays, art and craft to help children cope with feelings and loss, manage anger and improve self esteem. Groups will meet once a week after school for 5 to 6 weeks from 4 pm to 5.15pm.

There is a 'Tip Sheet for Parents' available on request. I look forward to having your child in our group. Together we can support your child to adjust to these changes.

If you have any questions, or if you are interested in having your child participate in this group, please contact your school Counsellor or myself.

Kind regards

Karolyn Ellis

Manager Family Relationship Services CatholicCare Social Services 38 Prince Street Blacktown NSW 2148 | **8822 2222** karolyn.ellis@ccs.org.au |



# FOR KIDS WHOSE FAMILIES ARE CHANGING

Group activities for children years 3 to 5 who are experiencing & struggling with Family shanges

5 to 6 Mondays: Commencing 30 May to 4th July 2016

Time: 4pm to 5.15 pm after School (snack provided)

CatholicCare Social Services
38 Prince Street Blacktown NSW 2148

Venue:

Contact: Ruby or Karolyn O2 8822 2222 at Blacktown Office

A pre group meeting will be arranged for parent & child

Topics Covered: Week 1 Everything is different Week 2 Is it my fault?

Week 3 I wish everything was back to normal Week 4 I am so mad!

Week 5 How can I manage?

/eek 5 How can I manage? /eek 6 What I have learned?











