



Christ the King, North Rocks

Term 4, Week 5
7th November, 2013

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Newsletter Vol. 37 No. 34

WEEK 5 Kindergarten 2014 Orientation
Fri 8

- * **'GOLD OR FOLD' MUFTI DAY** for the Fete
- * 7.45am Band
- * Lunch Orders
- * Year 3 attending Parish Mass 9.15am
- * **ICE BLOCK DAY \$1-00 (at lunch time)**
- * Whole school assembly presented by Year 2 + Glee Club performance

WEEK 6 Year 5 Camp
Mon 11

- * Lunch orders
- * **Remembrance Day Liturgy**
10.40am – 11.15am.
- * **DANCE FEVER** All students in sport uniform

Tue 12

- * Glee Club 7.50am Senior Vocal
8.20am Senior Dance
Junior classes held throughout the day
- * Uniform Shop 8.30am—11.30am &
1.30pm—3.30pm
- * **GLEE CLUB PERFORMANCE AT WESTFIELD NORTH ROCKS**

Wed 13

- * **Choir 8am**
- * Chess Club 3-4pm
- * **YEAR 5 CAMP**

Thur 14

- * **YEAR 5 CAMP**
- * Danceclub 3.15—4.15pm

Fri 15

- * **YEAR 5 CAMP**
- * 7.45am Band
- * Lunch Orders
- * Year 3 attending Parish Mass 9.15am
- * **ICE BLOCK DAY \$1-00 (at lunch time)**

Dear Parents,

Over the past two weeks we have welcomed our 2014 Kindergarten students. The children have attended two orientation sessions in small groups. The children were very excited to be visiting their new learning space. These sessions have been a great opportunity for the children to become familiar with the school as well as getting to know the children they will be coming to school with next year.

Have great week,

Annelise Stockey, Principal

TOMORROW, FRIDAY 8TH NOVEMBER

 is **'GOLD OR FOLD' MUFTI DAY**

for all students and teachers at Christ the King. Children are able to wear mufti clothes for the day (children must wear joggers and have a hat). All students are asked to bring in a **GOLD COIN OR SMALL NOTE DONATION** for our upcoming Fete.

Safety First :

Student access to/from Bowral Street, Becky Avenue & Burradoo Close Morning Drop Off at the back of the school

For safety reasons, at all times please park in Burradoo and Bowral Streets and walk your children into the school grounds. **It is dangerous and illegal to double park and / or stop in the middle of the cul-de-sac and let your child out of the car.** Double parking and stopping in the middle of the cul-de-sac reduces the visibility of the driver. Unfortunately inattention to these road rules has resulted in a recent vehicle accident. The safety of your child is our priority.

Pick-up and dismissal at the back of the school

Children being dismissed from the back of the school, line up each afternoon at the seats near the primary building. Parents are asked to enter the school grounds to pick up their children or wait until the children are escorted down to the gate. Children who need to wait for their parents sit on the grass next to the gate once teachers have taken them down. For safety reasons, please park in Burradoo and Bowral Streets and collect the children. It is dangerous to double park or call children across the road or park across or in driveways (including our own school one) or ask them to meet you down the road. *When your child is safely in the car, please remember, you are still in a 40km/h area and drive away with child safety still on your mind.*

Disabled Parking

Please ensure that when parking in the school grounds you only park in marked bays. **Areas designated as 'Disabled Parking' are only for the use of licensed disabled drivers.** Our Senior Community visit the Parish on a regular basis and in the last few weeks have found these spots unavailable due to illegally parked vehicles.

We thank you in anticipation of your support in this area.

SPORT NEWS

2014 SWIMMING CARNIVAL

The Annual CTK Swimming Carnival for the 2014 year will be held at Parramatta Pool, O'Connell Street Parramatta on Tuesday, 17th December, 2013 (Week 11) starting at 9:30am until approximately 2.00pm.

A permission / events form will be sent home early next week.
Please fill in an entry form for each child.

These should be returned to school by **NEXT MONDAY, 11th November** so that we can begin organizing children into races.

For such a day to run safely and efficiently we will require parents helpers. No experience is necessary so if you are able to assist, please fill out the slip on the children's permission note and return it to school by **NEXT MONDAY, 11th November**.

All grades will be attending the Swimming Carnival this year as it is a normal school day and a compulsory school activity.

Anthony Matthews, Sport Coordinator

YEAR 5 CAMP

Best wishes to the Year 5 students who will be attending their leadership camp at Blue Gum Lodge Springwood next Wednesday, Thursday and Friday. Many thanks Mr Cairns, Miss Cassar, for co-ordinating this opportunity. Appreciation also to Mr. Matthews and Miss Pannucci for taking time away from their own families to be with your children at camp. The camp is professionally run by qualified instructors and has proven to be a great learning experience for the children. We look forward to hearing all about the students' adventures upon their return.

ADVANCE NOTICE : END OF YEAR PROFESSIONAL LEARNING DAYS

As shown on our Term 4 School Calendar (additional copies available from the school office), there will be two Staff Development Days on Thursday 19th and Friday 20th December 2013. These professional learning days will focus on 2014 School goals.

This means that school will finish for all children on Wednesday, 18th December.

MARK IN YOUR DIARY / TERM 4

- * CTK 40th Anniversary Mass 9am Thursday, 21st Nov
- * 2013 CTK Annual Fete Friday, 22nd Nov
- * 2014 Swimming Carnival Tuesday, 17th December
- * End of Year Mass, Wednesday 18th December

DID YOU NOTICE THE ONLINE FETE NEWSLETTER?

The School newsletter and the Fete newsletter is now delivered via email on Thursday afternoons. Please ensure the school has your most current email address.

Please note: Families who do not have access to an email facility and/or prefer a hard copy of these newsletters will need to collect them from the office.

Hard copies of newsletters will be available for collection by either yourself or your child each week from the office.

These newsletters are also available for viewing on the School website.

Happy Birthday this week to



Nov

8th Sophia Harrison

9th Christie Davies

10th Ella Manning

12th Lachlan Gebran
Marissa Younan

14th Jarod Wimalaratne
Dane Grosvenor
Kjain Deller

Please update Calendar

Year 1 Assembly

Due to unforeseen circumstances this assembly has been reschedule to Friday, 6th December (Wk 9) not Friday 15th November as shown on the school calendar.

UNIFORM SHOP 2013

TUESDAYS 8.30AM—11.00AM

1.30PM—3.30PM

The Uniform Shop is open on TUESDAYS ONLY each week with morning and afternoon opening hours for your convenience.

Parents are most welcome to place an order through the office.

FULL PAYMENT must accompany all orders.

The Uniform Shop can accept cash or cheque (made payable to Christ the King). Eftpos facilities are able to be accessed through the School office for Uniform orders.

The Uniform Shop Price List is now available on the Christ the King School web site

Go to ctknorthrocks.catholic.edu.au and click on the 'Parents' tab then click on Handbook, School Office and then Uniform Shop / Clothing Pool. On this page you will find the price list to download.

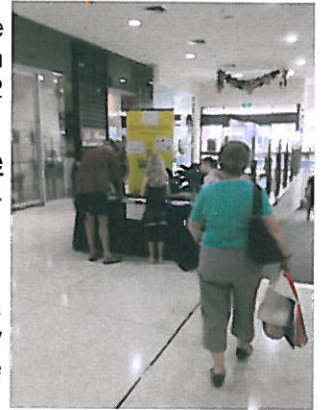
P & F NEWS

Thank you to the mums and kids that helped sell raffle tickets last Saturday at Westfield's. We actually sold all the books that we had for the weekend (27 books) and didn't need to go up on the Sunday. That gave us a total of 72 completed books sold at Westfield North Rocks over 2 weekends.

Could all families please return their raffle tickets, money and any unwanted books to the school office as soon as possible. Each book is \$20 and each family was sent 2 books. Please do not feel obliged to purchase the tickets.



We now have a very fancy, new, raffle barrel on a stand with wheels. Thank you to Julie Hekeik for organising this. Julie's family and my family have personally purchased this barrel and have donated it to the school so we can now professionally run our raffle draws.



Thank you again to all the Fete Committee, stall holders and people involved with the organising of the fete scheduled for the 22nd of this month. They are now working tirelessly to ensure we have a great event in a couple of weeks. If you can help and give some of your time, please make sure you contact either Linda Sassine or Alison Baxter asap.

The Ice Block Friday's are well underway and are successful as always. **Can parents please make sure their child has \$1 for their iceblock.**

Kindest Regards, Connie Este, P&F Chairperson

FUN'raising NEWS ICEBLOCKS \$1.00 each

Thank you to all who helped sell ice blocks last Friday. **Year 2 helpers are requested** to assist with the selling of ice blocks this Friday, 8th November at . Helpers from other grades most welcome. Can helpers meet in the church hall at 1.15pm.

DID YOU USE BOOKCLUB THIS YEAR?

Total orders 2013—\$5780-00. The book club is supported by approximately 50 families per term.

Total value of reward dollars donated to the Library for 2013—\$1390-50 Our school receives 20% commission on orders, which is received as reward dollars which are transferred to Mrs. Cook to use for Library purchases.

Volunteer time involved in the book club per term:

- * Brochure distribution—1 hour by 1 person (at school)
- * Order processing—4 hours by 2 people (at home)
- * Order delivery—4 hours by 2 people (at school)
- * Book Club Admin—2 hours by 1 person (at home)

Our appreciation and thanks to Mrs. Natalie Lubrano and Mrs. Therese Davies who co-ordinated, collated, processed orders and ensured children received their books throughout the year. Mrs. Davies has assisted for 5 years and will be leaving us as her youngest child leaves CTK this year. We thank her for her help over the years. This is an immense task that is purely voluntary and very much behind the scenes. Thank You on behalf of all the children.

FETE FLYERS

Next week each child will bring home a fete flyer sheet (needs to be cut into 4 flyers) which we ask to be distributed to family, friends, neighbours etc. Please exercise care and supervision if walking around the local area.

Thank you for your support in promoting our Annual CTK Fete.



This term Kindergarten are doing a Science unit called **On the Move**.

We have been making observations about movement and exploring what makes us, and the world around us, move.

Flying our awesome kite taught us a lot about movement and the wind. We also made our own kites!



On Friday afternoon we went to the top oval and we flew the kite. After that we made our own kite by drawing and cutting. By Patrick Elliott

Our kite is made of kite paper, strings and sticks. It flies in the wind. It is a rainbow and the wind makes it move. It looks like a diamond shape. The corners are sharp. By Sophia Melan

Check out our Dingle - Dangle Scarecrows! We had fun moving around to the song and making our own moving scarecrows!



WASTE-FREE LUNCH DAY

WEDNESDAY 13 NOVEMBER

As part of National Recycling Week CTK will be participating in the Hills Shire Waste-Free Lunch Day.

Everything in a waste free lunch can be eaten, reused, recycled or composted.

A waste free lunch is a practical way of educating our students about where waste comes from, where it ends up and how everybody can make small changes to cut down on food and drink package wastage.

Waste free lunch days promote the use of reusable food, by recycling, and reusable drink containers and utensils.

All CTK students are asked to bring their morning tea and lunch in a reusable container and their drink in a reusable drink container.

Fruit skins and cores will be collected in recycling buckets and used for our worm farm.

**Please NO PAPER or PACKAGING to be brought to school on
WEDNESDAY 13 NOVEMBER**

A Waste Free Lunch may include things like:

Sandwich in a cloth serviette or reusable container

Yoghurt from a larger tub in a reusable container

Savoury food from a larger packet in a reusable container

Piece of fruit (skins and core to be put in a recycling bucket)

Cheese and crackers in a reusable container

Juice or water in a reusable drink container

A photograph of a young girl and a young boy smiling and holding up a large, colorful sign. The sign has a pink border and a central graphic of a globe with green and blue sections. The text "WASTE-FREE LUNCH DAY" is written in large, bold, black letters across the center of the sign.

WASTE-FREE LUNCH DAY

**TAKE THE
CHALLENGE
& SAVE
HEAPS!**

Join our school Waste-Free Lunch Day – bring a lunch that only contains items that can be eaten, reused, recycled or composted – and nothing to throw away!

Wednesday 13 November

**THE
HILLS**
Sydney's Garden Shire

How to pack a healthy Waste-Free Lunch

GO

Step 1

- ✓ Reusable airtight containers
- ✓ Refillable drink bottle
- ✓ Durable cutlery
- ✓ Cloth napkin.

Step 2

- ✓ Sandwiches & fresh fruit
- ✓ Water, or juice from a big bottle into a smaller reusable bottle
- ✓ Yoghurt, nuts, cheese & crackers from large packets into smaller containers.

Step 3

- ✓ Take your containers and napkin home to be washed and reused.
- ✓ Put your food scraps into the compost bin or worm farm.

REMEMBER this cool rule:

Everything in a Waste-Free Lunch can be
EATEN, REUSED, RECYCLED OR COMPOSTED
... there's nothing left over to throw out!



For more waste saving ideas call
The Hills Shire Council Waste Team **9843 0310**
or visit www.thehills.nsw.gov.au/Waste-Services.html

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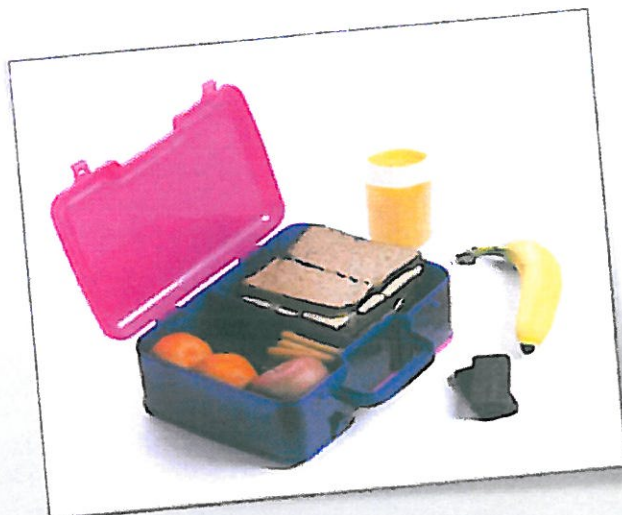
THE
HILLS
Sydney's Garden Shire

Remember: Everything in a waste-free lunch can be eaten, reused, recycled, or composted.



Waste free lunches

- Ideally have no waste to dispose of, or only a small amount of compostable waste.
- Containers are reusable and get taken home at the end of the day.
- The food in the containers is not wrapped in plastic film and
- There are no plastic straws or cutlery to dispose of.



'Wasteful' lunches have a number of different wrappers and packages which need to be thrown out. While items such as plastic bottles and containers can be recycled, most other common lunch waste will need to be thrown in the bin and sent to landfill.



The contents of a typical school playground bin from a normal lunch day may look like this.

PARISH NEWS



Parish Mass times

Saturday Vigil	6.00pm					
Sunday Masses	8.00am, 10.00am and 6.00pm					
Weekday Masses	Monday	no masses	Tuesday	7.30pm	Wednesday	9.00am
	Thursday	9.00am	Friday	9.15am	Saturday	9.00am
Reconciliation	Saturday morning Rosary at 8.30am with Reconciliation at 9.30am and then at 4.30pm					

CHILD PROTECTION—CEO PARRAMATTA MODULE & THE NEW WORKING WITH CHILDREN CHECK



The Working with Children Check is now a three step process which includes Completion of the CEO Online Child Protection Module and Completion of the 'new working with children check' through the NSW Commission for Children website. Applicants will then need to present the completed documentation at their local Roads & Maritime Service (RMS) Office (formally RTA) for screening which completes the check.

1. It is a Diocesan requirement that any parent volunteering at Christ the King School complete the Child Protection training module.

This training is to be completed online at :

<http://childprotection.parra.catholic.edu.au>

CTK will receive email notification when you complete the CEO module.

The Child Protection module **MUST** be completed every 2 years.

2. When module has been completed go to: **www.kids.nsw.gov.au** and follow the links to complete the 'new working with children check'. A Working With Children Check is a prerequisite for anyone in child-related work. It involves a national criminal history check and review of findings of workplace misconduct.

Only paid workers in child-related work are required to pay the \$80 fee for a five year clearance. This equates to \$16 per year, the lowest in Australia (together with Victoria).

The Working With Children Check remains free for:

- Volunteers and students
- Potential adoptive parents
- Authorised carers
- Adults who reside in the home of:
 - an authorised carer
 - a family day care service provider
 - a home-based education and care service provider.

3. Once the RMS check has been completed you will receive an email which will state that you have clearance to work with children. A copy of the RMS email will need to be presented to the school office to complete your Working with Children Check. **Only then** will you be cleared to work with the children in the school.

Our Lady of Mercy College Parramatta will be welcoming future Mercy Girls starting Year 7 in 2014 to Orientation day on **Friday November 15**. The College is now enrolling for 2014 and 2015. Visit www.olmc.nsw.edu.au or contact the Registrar 8838 1222 to discuss how your daughter can be a Mercy Girl. **The College** is now accepting applications for Mercy Scholarships for Academic Excellence and Music Excellence. Girls entering Years 7, 9 or 11 in 2015 are invited to apply. Visit the College website www.olmc.nsw.edu.au for more information.

UWS Observatory. University of Western Sydney Penrith Observatory. Astronomy Night- **Saturday 16th November 8.00pm-10pm.**

Is anyone out there?? A hunt for ET. This night not only includes the multimedia presentation but also a 3D astronomy movie and viewing of the night sky through the University's 0.6 metre and 0.25 telescopes. Our program will run regardless of the weather. Cost: \$15 per adult and \$10.00 per child. Concession \$40.00 per family. Bookings are essential: Book and pay online www.uws.edu.au/observatory. For any enquiries phone 02 4736 0135 or email r.mccourt@uws.edu.au

CARLINGFORD FLAMES NETBALL CLUB 2014 Registration day, ages 7 – Senior. **Sunday, 17 November 2013, 1-3pm** at Storage King – 1 North Rocks Road, North Parramatta. Enquiries to: Claire Dale@ cddale@optusnet.com.au or Chris Kelleway@ sckelleway@hotmail.com, or visit the club website: www.carlingfordflames.netball.asn.au, for all registration information.

The sixth **Our Lady Queen of Peace, Greystanes. Craft Market and Antique Valuations** is on **Saturday, 23 November** from 8am to 2pm in Camilleri Hall. Performing at this market will be the NSW Police Band and Belinda Adams also from The Voice, and Holroyd Police will have a display. It is just over a month before Christmas, so be assured the Market will have special gift ideas for everyone on your Christmas list, and don't forget those teachers, work colleagues and special friends. There are over 35 stalls from all over Sydney, selling quality Christmas decorations and gifts, baby wear, home-made décor, kitchen goods, edible treats, scarves and bags, jewellery, violets and plants and much more. A unique drawcard of the Craft Market is the professional Antique Valuations, available from 9am. Everyone is encouraged to bring along special treasures or family heirlooms and paintings to have them valued. Instead of bringing large paintings with you, the valuation can be done from a photo of the painting and artist signature. Each valuation costs \$5.00. This is a great social day out for the whole family with traditional Devonshire teas and a fantastic sausage sizzle by Holroyd Lions Club serving breakfast and lunch from 8am. Profits from the Craft Market will be donated to NSW Police Legacy who support for the widows, widowers and dependent children of deceased NSW Police officers For further information please contact: events@olqp.org.au www.olqp.org.au www.facebook.com/craftmarketgreystanes



North Rocks Scouts, North Rocks Guides, North Rocks Rural Fire Brigade.
Open Day Sunday 24th November – Baden Powell Place North Rocks.
10am – 2pm – drop in anytime. Free activities – Flying Fox – Rope Bridge – Water slide - Craft – Camping Displays. BBQ lunch and drinks available. Suitable for Kids of all ages – Families – Friends. All enquiries call Cassie Rec on 0408293077

KIDS COTTAGE EARLY YEARS LEARNING CENTRE UNDER NEW MANAGEMENT—OPEN DAY SATURDAY 7TH DECEMBER 10AM—1PM
www.kidscottagechildcare.com.au Face Painting, Petting Farm, New renovated facilities catering for children 0-6 years.

NORTH ROCKS SOCCER CLUB invites Girls aged 7-14 years to our 'COMe& Try'SOCCER FUN SKILLS Day

Venue: North Rocks Park **Date:** Sunday 1st December 2013 **Time:** 9.00am-11.30am. You must register your interest if attending!
 Discounted registration for 2014 also available on the day (Register for 2014 season on the day)
 email our Ladies Co Ordinator, Helen at helenbrown.home@gmail.com
 Appearance by Western Sydney Wanderers W-League players. Free sausage Sizzle to all registered girls

GKR Karate – Are you interested in learning more about Karate? Are you keen for your child to learn self defence? Do you want to increase your fitness? Did you know that karate can help a child build confidence and self esteem? If you have any interest in finding out about local classes and costs please do not hesitate to contact Kerrie Collier 0414 465 416. Karate is for everyone!

LITTLE FLIPPERS MOBILE SWIM SCHOOL We come to you to teach swimming in the confidence of your OWN pool. All swimming instructors are Austswim or Swim Australia Qualified. For information contact: Jacqui Stone 0421 205 929.

THE AFTERNOON SHIFT at Hills Community Aid, Baulkham Heights. **Free activities** The Afternoon Shift is a space for families to come together free of technology and other everyday interruptions. Each week we provide activities for families with children from 5-12 and their parent/s. Information pamphlet available from the office. For further info contact Mici 9639 8620 Or cdw2@hca.org.au

WESLEY FAMILY CENTRE Family Support Programs, Community Development, Financial Counselling Services and Expressive Therapy Services. Many programs available with services running in many suburbs. Examples include: Triple P Parenting Program, Anchor Program—Connect Kids, Music Playschool, Go 4 Fun— NSW Health, Streetsmart @ Paws in the Park, Mum's Parenting & Timeout Group, Separation & Divorce, Being a Great Dad in a Fast Paced World, Bullying, Peer Relationships & Parenting and lots more. Information pamphlet available from the office.

SLEEP DEPRIVATION IN CHILDREN & TEENAGERS During this talk Dr Chris Seton will describe how our world has become sleep deprived and how this has affected young people. Information pamphlet available from the office.

BUILDING HEALTHY RELATIONSHIPS Free seminar and workshops This free seminar is for women and men providing professional information empowering them to make informed decisions for themselves and their families. Information pamphlet available from the office.